

Next Mistake

拍数: 32 墙数: 4 级数: Beginner
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音乐: Next Mistake - Icona Pop



Intro : 8 Counts - No Tag, No Restart

Section 1 : SIDE, TOGETHER, SIDE, TOUCH & CLAP, SIDE, TOGETHER, ¼ TURN STEP FWD, TOUCH & CLAP,

1 2 3 4 Step right to the right side, Step Lf beside Rf, Step right to the right side, Touch Lf next to RF with Clap (12.00)

5 6 7 8 Step left to the left side, Step Rf beside Lf, ¼ Turn left Step left Fwd, Touch Rf next to LF with Clap (9.00)

Option : VINE R & L

Section 2 : SIDE STEP, POINT FWD, SIDE STEP, POINT FWD, SIDE STEP, HITCH, STEP BACK POINT

1 2 Step right to the right side, Point Lf in front of Rf

3 4 Step left to the left side, Point Rf in front of Lf

Option Arms : 1 2 , 3 4 : Swing both front arms (1) backwards by opening them when they are backwards (2) X2

5 6 Step right to the right side, Lf Hitch Fwd

7 8 Lf Step back, Rf point back

Section 3 : WALK FWD X3, KICK, WALK BACK X3, TOUCH

1 2 3 4 Walk Fwd R, L, R, Lf Kick Fwd

5 6 7 8 Walk Back L, R, L, Touch Rf next to LF

Section 4 : HIP BUMP FWD x2, HIP BUMP BWARD x2, STEP BACK HITCH, BALL, STEP HITCH, STEP BACK HITCH, BALL, STEP HITCH

1 2 Step R Fwd & Bump R hip Twice Fwd (Weight on Rf)

3 4 Recover Weight on Lf & Bump L hip Twice Bwd

5 & 6 Rf Step back with slighty L Hitch, Recover Lf (Ball), Recover Rf with slighty L Hitch (Shoulders are slighty directed to the right diagonal)

Option Arms : Raise the right arm in front of you up (5 &) and back down the body (6)

7 & 8 Lf Step back with slighty R Hitch, Recover Rf (Ball), Recover Lf with slighty R Hitch (Shoulders are slighty directed to the left diagonal)

Option Arms : Raise the left arm in front of you up (7&) and back down the bodys (8)

Final : SIDE, POINT R ARM

1 2 Step right to the right side (bend the right leg) (1), raise the right arm on the right side slightly diagonally and point the index finger upwards (2) (12.00)

Have Fun !

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