

My Way

拍数: 32 墙数: 4 级数: Beginner / Improver
编舞者: Andrina K Faulds (SCO) - September 2019
音乐: Coming My Way by the Millwood Duo



#8 count intro - No Tags or Restarts

Section 1: Right cross rock chasse right, left cross rock, shuffle 1-4 left

- 1-2 Rock right over left on right foot (1), rocking back onto left foot (2)
3&4 Step right foot to side (3), close left foot to right (&), step right foot to right side (4)
5-6 Rock left over right on left foot (5), rocking back onto right foot (6)
7&8 Step forward on left foot making $\frac{1}{4}$ left (7), close right foot besides left (&), step forward on left foot (8)

Section 2: Right toe heel stomp, left toe heel stomp, step $\frac{1}{4}$ turn left, right cross shuffle

- 1&2 Touch right toe in towards left instep turning knee in (1), touch right heel in towards left instep turning knee out (&), cross right foot over left putting weight down on right foot (2)
3&4 Touch right toe in towards left instep turning knee in (3), touch right heel in towards left instep turning knee out (&), cross right foot over left putting weight down on right foot (4)
5-6 Step forward right making $\frac{1}{4}$ turn (5), step left foot to left side (6)
7-8 Cross right foot over left (7), step left foot to left side (&), cross right foot over left (8)

Section 3: Right rumba box forward with shuffles

- 1-2 Step left to left side (1), step right next to left (2)
3&4 Step forward on left (3), right beside left (&) step forward left (4)
5-6 Step right to right side (5), step left next to right (6)
7&8 Step back on right (7), left beside right (&), step back right (8)

Section 4: Walk back left and right, left coaster step, jazz box $\frac{1}{4}$ right

- 1-2 Walk back left (1), walk back right (2)
3&4 Step back on left foot (3), step right foot next to left (&), step forward on left foot (4)
5,6,7,8 Step right foot across left (5), Step left foot back (6), Step right foot to right side making $\frac{1}{4}$ right (7), Step left foot next to right (8)

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Last Update - 19 Sept. 2019