

Up Above My Head

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Roger Neff (USA) - September 2019
音乐: Up Above My Head - Rhiannon Giddens



Intro: 32 counts - No Tags, No Restarts

[1-8] R AND L LOCK STEPS FWD, K-STEP

1&2 Step diagonally R fwd, Lock L behind R, Step fwd on R
3&4 Step diagonally L fwd, Lock R behind L, Step fwd on L
5&6& Step diagonally R fwd, Touch L beside R, Step back on L, Touch R beside L,
7&8& Step diagonally R back, Touch L beside R, Step fwd on L, Touch R beside L

[9-16] STEP R OVER L, STEP TO L, ¼ R TURN INTO SIDE SHUFFLE, CROSS ROCK, COASTER STEP

1&2& Step R over L with toe strut, Step to L with toe strut
3&4 Turn ¼ to R and step to R, Step L beside R, Step to R
5-6,7&8 Cross L slightly over R, Rec, Step back on L, Close R, Step fwd on L

[17-24] ROCK R FWD, TAP, REC, SHUFFLE BACK, ROCK L BACK, TAP, REC, SHUFFLE FWD

1&2 Rock fwd on R, Tap L toe behind R, Step back on L
3&4 Shuffle back R,L,R
5&6 Step back on L, Tap R toe beside L, Step fwd on R
7&8 Shuffle fwd L,R,L

[25-32] KICK-BALL-CHANGE X 2, JAZZ BOX WITH TOE STRUTS

1&2,3&4 Low R kick, Rec on R, Step on LF, Low R kick, Rec on R, Step on LF
5&6&7&8 Step R over L, Step back on L, Step to R, Step fwd on L (Each step is done with a toe strut)

Contact Roger at: lingofun@sbcglobal.net