

# Work Done

拍数: 32      墙数: 2      级数: Intermediate  
编舞者: José Miguel Belloque Vane (NL), Rhoda Lai (CAN) & Jonno Liberman (USA) -  
September 2019  
音乐: Work Done (feat. Melissa Gorga, Porsha Williams & Sonja Morgan) - Fiber One :  
(Single)



<https://music.apple.com/us/album/work-done-feat-melissa-gorga-porsha-williams-sonja-morgan/1474095489?i=1474095501>

Intro: 32 counts

Note: 32, Tag, 32, 16, Tag, 32, 32, 16, Restart, 32, 32

## [1-8] Forward Rock, Recover & Sweep, Left Weave, Step, Touch, Step, Kick, Right Weave

12            Rock forward R as you touch L behind R, Recover onto L as you sweep R back  
3&4           Cross R behind L, Step L to L, Cross R over L  
&5&6          Step L to L, Touch R next to L, Step R to R, Kick L towards L diagonal forward  
7&8           Cross L behind R, Step R to R, Cross L over R

## [9-16] Monterey Turn ½ R, Toe Switches L & R, Forward Shuffle w/Hips x2

12            Touch R to R, Turn ½ R as you step R next to L (6:00)  
3&4           Touch L to L, Step L next to R, Touch R to R  
5&6           Step R slightly across L, Step L behind R, Step R forward  
7&8           Step L slightly across R, Step R behind L, Step L forward

## [17-24] Touch, Heel Swivel w/Hip Bump, Back, ½ L, Forward, Touch, Heel Swivel w/Hip Bump, Coaster Step

1&2           Touch R forward, Swivel both heels to R as you bump hips R, Return both heels center weight on L  
3&4           Step R back, Turn ½ L stepping L forward, Step R forward (12:00)  
5&6           Touch L forward, Swivel both heels to L as you bump hips L, Return both heels center weight on R  
7&8           Step L back, Step R next to L, Step L forward

## [25-32] Forward Rock, Recover, ½ R, ½ R, ½ R, Point L, Hold, Step, Point R, Hold

12            Rock forward R, Recover onto L  
34            Turn ½ R step R forward (6:00), Turn ½ R step L back (12:00)  
5&6           Turn ½ R step R forward (6:00), Touch L to L, Hold (6:00)  
7&8           Step L forward, Touch R to R, Hold

Tags:

End of Wall 1

After 16 counts of Wall 3

Restart after 16 counts of Wall 6

Tag (16 counts) Both Tags start and end at 6:00. All hand movements are entirely optional.

## [1-8] Cross, Back, Side, Cross, Back, Side, Cross, ½ Unwind

12            Cross R over L (Place R hand behind R ear), Step L back (Place L hand behind L ear)  
34            Step R to R (Place R hand on L shoulder), Cross L over R (Place L hand on R shoulder)  
56            Step R back (Place R hand on R shoulder), Step L to left (Place L hand on L shoulder)  
78            Cross R over L, Unwind ½ L weight ending on L (Slide both hands down on side of body from shoulders to hips) (12:00)

## [9-16] Cross, Back, Out, Out, Step, ½ L Pivot, Look Back, Flick

- 12 Cross R over L (Reach R arm forward at shoulder height), Step L back (Reach L arm forward with L wrist over R wrist)
- 34 Step R to R (Place R hand on R hip), Step L to L (Place L hand on L hip)
- 56 Step R forward, Pivot ½ turn L (6:00)
- 78 Look back over R shoulder, Flick R back weight ending on L (6:00)

**Enjoy!**

jose\_nl@hotmail.com - 0031620044084 [www.josemiguel.nl](http://www.josemiguel.nl)  
rhoda\_eddie@yahoo.ca - 1(647) 295-3843 [www.laidance.net](http://www.laidance.net)  
jivinjonno@icloud.com - 1(760) 486-9649

**Last Update - 18 Sept. 2019**

---