

If Your Mother Knew

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Daniel Trepal (NL) & Jamie Barnfield (UK) - September 2019
音乐: Mother - Charlie Puth



Intro: 8 counts from first beat in music (app. 4 sec. into track).

[1 – 8] Out Out, Coaster Step, Dorothy Step R, Dorothy ½ turn L

1 – 2 Step R diagonal out (1), Step L diagonal out (2) 12:00
3&4 Step R back (3), Step L next R (&), Step R forward (4) 12:00
5 – 6& Step L diagonal forward (5), Lock R behind L (6), Step L a small step L (&) 12:00
7 – 8& Step R diagonal fwd (7) ¼ turn L locking L behind R (8) ¼ turn L stepping a small step R (&) 6:00

[9 – 16] Step L fwd, Heel up/down, Close, Step R fwd, Touch L, Step L fwd, Touch R, Cross, Side, 1/8 turn R, Heel

1&2 Step L forward (weight remains in the middle) (1), Lift both heels up (&), Heels down weight on R (2) 6:00
&3 – 4 Step L next to R (&), Step R forward (3), Touch L to L side (4) 6:00
5 – 6 Step L forward (5), Touch R to R side (6) 6:00
7&8 Cross R over L (7), Step L to L side (&), 1/8 turn R touching R heel forward (8) 7:30

[17 – 24] Close, Step L fwd, Step R fwd, Tik Tok ½ turn, Lift L up, Hold, Rockstep, Shuffle L fwd

&1 – 2 Step R next L (&), Step L forward (1), Step R forward (2) 7:30
&3 – 4 ¼ turn L turning L heel in (&), ¼ turn L turning R heel out & rise L off the floor (Weight goes back on R) (3), Hold (4) 1:30
5 – 6 Rock L forward (5), Recover on R (6) 1:30
7&8 Step L forward (7), Step R next to L (&), Step L forward (8) 1:30

[25 – 32] 1/8 turn L, Side, Touch, ¼ turn L, Step fwd, Touch, Kick, Out Out, Bend Knees, Zipper Up

1 – 2 1/8 turn L stepping R to R side (1), Touch L next to R (2) 12:00
3 – 4 ¼ turn L stepping L forward (3), Touch R next to L (4) 9:00
5&6 Kick R forward (5), Step R to R side (&), Step L to L side (6) 9:00
7 – 8 Bend both knees (7), Stretch both legs & collect feet together (8) 9:00

TAG (after the 1st and 3rd wall)

[1 – 8] Side, Hold, Rockstep, ¼ turn L, Step fwd, Hold, Chase Turn L, Step fwd

1 – 4 Step R to R side (1), Hold (2), Rock L back (3), Recover on R (4)
5 – 8 ¼ turn L stepping L forward (5), Hold (6), Step R forward (7), ½ turn L stepping L forward (8)

[9 – 16] ¼ turn L, Side, Hold, Cross behind, ¼ turn R, Step R fwd, Chase Turn, ¼ turn R, Side, Flick R

1 – 4 ¼ turn L stepping R to R side (1), Hold (2), Cross L behind R (3), ¼ turn R stepping R forward (4)
5 – 8 Step L forward (5), ½ turn R stepping R forward (6), ¼ turn R stepping L to L side (7) Flick R behind L (8)

START AGAIN!

Last Update - 17 Sept. 2019