

Beachin'

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Improver
编舞者: Tom Sharp (USA) - July 2014
音乐: Beachin' - Jake Owen : (CD: Days of Gold)



BEGIN: 16 beats after the heavy introductory downbeat (on "Just Watchin'...")

4-COUNT RUNNING MAN, 4-COUNT SKATES

1&2&3&4& right-lead running man (double bounce on first R, then L, then R, then L)
5, 6, 7, 8 skate forward R, L, R, L

Restart here on 7th wall after RUNNING MAN & SKATES, on "Talkin' 'bout sunshine..."

¼ PIVOT, ¼ PIVOT, SYNCOPATED WEAVE

1, 2 R step forward, pivot ¼ left onto L
3, 4 R step forward, pivot ¼ left onto L
5, 6 R step across in front of L, L step to left side (now facing 6 o'clock)
7 & 8 R step-cross behind L, L step left, R step-cross in front of L

SLIDE & SWAY, VINE & VINE

1, 2 L step to left, slide R to touch beside L
3, 4 R step to right, slide L to touch beside R
5, 6 L step left, R cross-step behind L
7 & 8 L step left, R cross-step in front of L, L step left

Restart here on 3rd wall, after the SLIDE & SWAY, VINE & VINE, on "We got 2 for 1..."

STEP-DRAG, BACK-DRAG

1, 2, 3, 4 R step forward toward 1 o'clock, drag L up to touch beside R (2, 3, touch on 4)
5, 6, 7, 8 L step back toward 7 o'clock, drag R back to touch beside L (6, 7, touch on 8)

REPEAT

RESTARTS: two restarts, after instrumental sections

***first on 3rd wall, after the SLIDE & SWAY, VINE & VINE, on "We got 2 for 1..."**

****second on 7th wall, after RUNNING MAN & SKATES, on "Talkin' 'bout sunshine..."**

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