

Alt Er Godt (All Is Good)

COPPER KNOB
STEPPERS

拍数: 64 墙数: 2 级数: Easy Intermediate
编舞者: Kim Liebsch (DK) - September 2019
音乐: Alt er godt (feat. Thomas Buttenschøn) - Chief 1



Intro: 32 counts from 1`st beat (appr. 16 seconds) Start with weight on L foot

Restart: On wall 2 after 32 counts (*6:00)

Ending: Point R to R side to face 12:00

#1 section: Side hold, ball side touch, step ½ turn, shuffle fw.

1-2 Step R to R side, hold 12:00
&3-4 Step L next to R, step R to R side, touch L beside R 12:00
5-6 Step fw. on L, make ½ turn R stepping fw. on R 6:00
7&8 Step fw. on L, step R next to L step fw. on L 6:00

#2 section: Side hold, ball side touch, cross rock, shuffle ¼ turn

1-2 Step R to R side, hold 6:00
&3-4 Step L next to R, step R to R side, touch L beside R 6:00
5-6 Cross L over R, recover on R 6:00
7&8 Make ¼ turn L stepping fw. on L, step R next to L, step fw. on L 3:00

#3 section: Rock recover, shuffle ½ turn, step ½ turn, shuffle fw.

1-2 Rock fw. on R, recover on L 3:00
3&4 Make ½ turn R, stepping fw. on R, step L next to R, step fw. on R 9:00
5-6 Step fw. on L, make ½ turn R stepping fw. on R 3:00
7&8 Step fw. on L, step R next to L, step fw. on L 3:00

#4 section: Side behind, 1/4 turn step, pivot ½ turn, behind ¼ turn (Figure 8)

1-2 Step R to R side, cross L behind R 3:00
3-4 Make ¼ turn R stepping fw. on R, step fw. on L 6:00
5-6 Make ½ turn R stepping fw. on R, make ¼ turn R stepping L to L side 3:00
7-8 Cross R behind L, make ¼ turn L stepping fw. on L *(6:00) 12:00

#5 section: ¼ turn while pointing out hold X 2, cross side , sailor step

1-2 Make ¼ turn L while pointing R to R side, hold 9:00
3-4 Make ¼ turn L while pointing R to R side, hold 6:00
5-6 Cross R over L, step L to L side 6:00
7&8 Cross R behind L, step L to L side, step R to R side 6:00

#6 section: Cross ¼ turn step side, cross shuffle, side rock, behind side

1-2-3 Cross L over R, make ¼ turn L stepping back on R, step L to L side 3:00
4&5 Cross R over L, step L to L side, cross R over L, 3:00
6-7 Rock L to L side, recover on R 3:00
8& Cross L behind R, step R to R side 3:00

#7 section: Cross hold, ball cross ¼ turn, scuff step fw. X 2

1-2 Cross L over R, hold 3:00
&3-4 Step R to R side, cross L over R, make ¼ turn R stepping fw. on R 6:00
5-6 Scuff L fw. step down on L 6:00
7-8 Scuff R fw. step down on R 6:00

#8 section: Step ½ turn shuffle fw. step ½ turn, walk walk

1-2 Step fw. on L, make ½ turn R stepping fw. on R 12:00
3&4 Step fw. on L, step R next to L, step fw. on L 12:00
5-6 Step fw. on R, make ½ turn L stepping fw. on L 6:00
7-8 Step fw. on R, step fw. on L 6:00

GOOD LUCK & N'JOY!

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