

14 Gears

拍数: 32 墙数: 4 级数: Beginner
编舞者: Sandra Schuler (CH) - September 2019
音乐: Fourteen Gears - Midland : (Album: Let it Roll)



Starts after 32 Counts

Section 1: Scissor Step, Hold, Side-Rock-1/4-Turning r, Step, Brush

1, 2 RF Step to right side, put LF next to RF
3, 4 Cross RF over LF, Hold
5, 6 LF Step to left side, 1/4-Turn right with recover weight to RF - 3
7, 8 LF Step forward, Brush RF forward

Section 2: Step-Lock-Step, Hold, 1/4-StepTurn r, Cross, Hold

1, 2 RF Step forward, lock LF behind RF
3, 4 RF Step forward, Hold
5, 6 LF Step forward, pivot 1/4-Turn right - 6
7, 8 Cross LF over RF, Hold

Here Restart in round 5 (6 o'clock)

Section 3: Rumbabox (side-together-back-hold, side-together-step-hold)

1, 2 RF Step to right side, put LF next to RF
3, 4 RF Step back, Hold
5, 6 LF Step to left side, put RF next to LF
7, 8 LF Step forward, Hold

Section 4: 1/4-Turn l with Side, Together, Back, Hold, Slow CoasterCross, Hold

1, 2 1/4-Turn left with RF Step to right side, put LF next RF - 3
3, 4 RF Step back, Hold
5, 6 LF Step back, put RF next to LF
7, 8 Cross LF over RF, Hold

Tag (End of round 10, 9 o'clock):

Side, Touch, Side Touch

1, 2 RF Step to right side, tap LF next to RF
3, 4 LF Step to left side, tap RF next to LF

At the end, adjust the tempo of the music

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