Randy & Cindy



编舞者: MD Laksmi - September 2019 音乐: Randy & Cindy by Ikang Fawzi



Intro: 26 Count

SECTION 1: LINDY (RIGHT, LEFT)

1&2 Step R to side, Step L together, Step R to side

3-4 Rock back on L, Recover on R

5&6 Step L to side, Step R together, Step L to side

7-8 Rock back on R, Recover on L

SECTION 2: (KICK BALL STEP)X2, ROCKING CHAIR

1&2 Kick R forward, Step on ball of R next to L, Step L forward
3&4 Kick R forward, Step on ball of R next to L, Step L forward
5-8 Rock R forward, Recover on L, Rock R back, Recover on L

SECTION 3: PIVOT ½ TURN LEFT, FORWARD LOCK SHUFFLE, ¼ TURN RIGHT, SIDE, CROSS SHUFFLE

1-2 Step R forward, Pivot ½ turn L

3&4 Step R forward, Lock L behind R, Step R forward
5-6 Make ¼ turn R step L back, Step R to side
7&8 Cross L over R, Step R to side, Cross L over R

SECTION 4: CROSS, POINT, CROSS, POINT, JAZZ BOX

1-4 Cross R over L, Touch L outside L, Cross L over R, Touch R outside R

5-8 Cross R over L, Step L back, Step R to side, Cross L over R

Have Fun!

At the end of wall 7 adding 4 count tag

TAG (4 Count)

1-4 Lift R knee up, Drop R to the floor, Lift L knee up, Drop L to the floor

For more information about this dance please contact me at: gieprod@yahoo.com