

Simply Dance My Monkey

COPPERKNOB
BY STEPHEN

拍数: 32
编舞者: Susie G (UK) - September 2019
音乐: Dance Monkey - Tones And I

墙数: 4

级数: Absolute Beginner



Intro: 32 counts, start dancing on vocals

S1: 2 SHUFFLES FWD. POINT R TO SIDE, CROSS R OVER. POINT L TO SIDE, CROSS L OVER

1&2 Step fwd on R, close L beside R, step fwd on R
3&4 Step fwd on L, close R beside L, step fwd on L
5-6 Point R toe to R side, cross R over L
7-8 Point L toe to L side, cross L over R

S2: 2 SHUFFLES BACK. POINT R TO SIDE. JAZZ BOX ¼ TURN TO RIGHT

1&2 Step back on R, close L beside R, step back on R
3&4 Step back on L, close R beside L, step back on L
5-6 Point R toe to R side, cross R over L
7-8 Step back on L with ¼ turn to R, step to R on R (3 o'clock)

S3: 2 FWD MAMBOS, 2 SIDE MAMBOS

1&2 Rock fwd on L, recover, close L beside R
3&4 Rock fwd on R, recover, close R beside L
5&6 Rock to L on L, recover, close L beside R
7&8 Rock to R on R, recover, close R beside L

S4: STEP L, CLOSE. HALF RUMBA BOX. REVERSE RUMBA BOX

1-2 Step to L on L, close R beside
3&4 Step to L on L, close R beside L, step fwd on L
5&6 Step to R on R, close L beside R, step back on R
7&8 Step to L on L, close R beside L, step fwd on L
