

Fourteen Gears

拍数: 32 墙数: 4 级数: Beginner
编舞者: Marianne Langagne (FR) - September 2019
音乐: Fourteen Gears - Midland



Intro : 32 Counts

Tag : 4 Counts ROCKING CHAIR (end of 10th wall)

[1 – 8] HEEL (OUT), TOE (IN), HEEL (OUT), TOE, COASTER SCUFF

1 – 2 R Heel forward (knee out), R Toe next to LF (knee in)
3 – 4 R Heel forward (knee out), R Toe next to LF
5 – 6 RF back, together
7 – 8 RF forward, Scuff LF

[9 – 16] DIAGONALLY STEP, BACK TOUCH, BACK, TOUCH CROSS, DIAGONALLY STEP LOCK STEP, SCUFF

1 – 2 LF diagonally forward, touch R Toe behind LF
3 – 4 RF diagonally back, touch L Toe crossed RF
5 – 6 LF diagonally forward, Lock RF
7 – 8 LF diagonally forward, Scuff RF

***Restart here on 5th wall (12 O'clock)**

[17 – 24] VINE, SCUFF, HEEL, HOLD WITH CLAP, TOE BACK, HOLD WITH SNAP

1 – 2 RF to the R, cross LF behind RF
3 – 4 RF to the R, Scuff LF
5 – 6 L Heel forward, Hold-Clap
7 – 8 L Toe Back, Hold-Snap

[25 – 32] VINE ¼ TURN LEFT, SCUFF, TOE STRUT, TOE STRUT

1 – 2 LF to the Left, Cross RF behind LF
3 – 4 L ¼ turn-LF forward, Scuff RF (9 O'clock)
5 – 6 R Toe Strut forward
7 – 8 L Toe Strut forward

FINAL : The last wall is at 12 o'clock, finish the dance by slowing down to the rhythm of the music .

Start the dance again with a smile !!!

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