

Bacalao

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Jennifer Jou (TW) - September 2019
音乐: Bacalao – Banane e lamponi



Intro:32 counts

*Restart:Wall 4 & wall 8 dance up to count 28
Sequence:32/32/32 /28/ 32/32/32 /28/ 32/32/32/32

Sec 1: FORWARD,ROCK FORWARD,RECOVER,1/2 L SHUFFLE,ROCK FORWARD,RECOVER,COASTER STEP

1 2 3 Step RF fwd,Rock LF fwd,recover on RF
4&5 1/4 L step LFto L,step RF beside LF,1/4 L step LF fwd
6 – 7 Rock RF fwd,recover on LF
8&1 Step RF back,step LF together,step RF fwd

Sec 2: SIDE,TOGETHER,CHASSE L,CROSS,RECOVER,1/4 R SAILOR STEP

2 – 3 Step LF to L,step RF beside LF
4&5 Step LF to L step RF beside LF,step LF to L
6 – 7 Cross RF over LF,recover on LF
8&1 Step RF behind LF,1/4 R step LF to L,step RF slight fwd

Sec 3: CROSS,SIDE,BEHIND,SIDE,CROSS,MAMBO R,MAMBO L

2 – 3 Cross LF over RF,step RF to R
4&5 Cross LF behind F,step RF to R,cross LF over RF
6&7 Rock RF to R,recover on LF,step RF together
8&1 Rock LF to L,recover on RF,step LF together

Sec 4: BUMP R HIP FWD, BUMP L HIP FWD, PRESS R FORWARD,1/2 L FLICK,LOCK STEP

2&3 Touch RF fwd and hip bump R-L-R
***Restart during wall 4 & wall 8 dance up to here then step LF beside RF on 4 count
4&5 Touch LF fwd and hip bump L-R-L
6 – 7 Press forward on the ball of RF,1/2 turn L flick RF behind LF
8&1 Step RF fwd,lock LF behind RF,step RF fwd

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