

Do It Big

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Improver
编舞者: Kat Painter (USA) & Sobrielo Philip Gene (SG) - February 2018
音乐: Do Life Big - Jamie Grace



#16 ct intro, start just after lyrics start

STEP, HOLD, STEP, STEP, HOLD, STEP, ROCK, RECOVER, COASTER

1-2 Step forward right, Hold
&3-4 Step left beside right, Step forward right, Hold
&5-6 Step left beside right, Step forward right, Step back left
7&8 Step right back, Step left beside right, step right forward

OUT, OUT, HIP ROLL ¼ TURN, STEP, ¾ TURN, SIDE MAMBO

1-2 Step forward diagonal left, Step forward diagonal right
3-4 Roll hips to left anti-clockwise, turning ¼ left Shift weight backward to right foot
5-6 Step forward left, turning ¼ left Step back right
7&8 turning ¼ left Step side left, Step right in place, Step left together

CROSS, SIDE, SAILOR STEP, CROSS, BACK, ¼ SIDE SHUFFLE

1-2 Cross right over left, Step left to left
3&4 Step right behind left, Step left to left, Step right slightly to right
5-6 Cross left over right, turning ¼ left Step right back
7&8 Step left to left, Step right beside left, Step left to left

JAZZ BOX, CROSS, SHOULDER POP LUNGE, STEP, DRAG

1-4 Cross right over left, Step back left, Step right to right, Cross right over left
5&6 Step right to right with bent knee "lunge" and lift left shoulder while dropping right shoulder,
 Lift right shoulder and drop left, Lift left shoulder and drop right
7-8 Step left to left, Drag/slide right next to left

E-mail: dancewithkat@yahoo.com