

# Say Hello Polka Contra

COPPERKNOB  
STEPSHEETS

拍数: 32      墙数: 1      级数: Easy Intermediate Contra - Polka  
编舞者: Kyung Hee Lee (KOR) - September 2019  
音乐: Grüß Euch Gott, liebe Leut' - Margret Almer



Sequence: 48(16c tag)-32-16(restart)-48(16c tag)-32-32-32-4(tag)-32-32

\*Note: You have to change partner while dancing on 32 counts (Please don't change partner while dancing on Tag and restart.)

Start the dance after 16 counts

## SECTION 1: RF SIDE HEEL TOUCH, TOE TOUCH RF, SIDE HEEL TOUCH, HOOK, SIDE SHUFFLE, BACKWARD ROCK, RECOVER

1-4            Heel touch RF to R side, toe touch RF in front of LF, heel touch RF to R side hook RF  
5&6           Step RF to R side, close LF next to RF, step RF to R side  
7-8            Rock LF to backward, recover to RF

## SECTION 2: LF SIDE HEEL TOUCH, TOE TOUCH LF, SIDE HEEL TOUCH, HOOK, SIDE SHUFFLE, BACKWARD ROCK, RECOVER

1-4            Heel touch LF to L side, toe touch LF, in front of RF, heel touch LF to L side, hook LF  
5&6           Step LF to L side, close RF next to LF, step LF to L side  
7-8            Rock RF to backward, recover to LF

## SECTION 3: FORWARD SHUFFLE, 1/2 TURN TO R WITH BACKWARD SHUFFLE, BACKWARD ROCK, RECOVER, BACKWARD ROCK, RECOVER

1&2           Step RF forward, close LF next to RF, step RF forward  
3&4           1/4 turn to R stepping LF side, close RF next to LF, 1/4 turn to R stepping LF backward  
5-8            Rock RF backward, recover to LF, rock RF backward, recover to LF

## SECTION 4: FORWARD SHUFFLE, 1/2 TURN TO R WITH BACKWARD SHUFFLE, BACKWARD ROCK, RECOVER, BACKWARD ROCK, RECOVER

1&2           Step RF forward, close LF next to RF, step RF forward  
3&4           1/4 turn to R stepping LF side, close RF next to LF, 1/4 turn to R stepping LF backward  
5-6            Rock RF backward, recover to LF  
7-8            Long step RF to R side, stomp LF next to RF(weight on LF)

\* Change partner here

## TAG 1 (16 COUNTS)

After wall 1 and wall 5, you will dance to 16 counts tag

Tag steps are as follows,

### Section 1

1-4            RF heel touch, replace, LF heel touch, replace  
5&6&          RF heel touch, replace, LF heel touch, replace  
7&8            RF forward step, clap, clap

### Section 2

1-4            LF heel touch, replace, RF heel touch, replace  
5&6&          LF heel touch, replace, RF heel touch, replace  
7&8            LF forward step, clap, clap

## TAG 2 (4 COUNTS)

After wall 8, you will dance to 4 counts tag

Tag steps are as follows,

1-4 3           times of march in place(1,2,3), clap(4)

**RESTART: On the wall 3, you will dance to 16 counts and start again.**

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