

Jameson Waltz

COPPER KNOB
BY STEPHEN T. C.

拍数: 24 墙数: 4 级数: Beginner
编舞者: Jan Brookfield (UK) - September 2019
音乐: The Jameson Waltz - Kayla Ray



(Start after 8 secs on the word "have")

Alternative music: "Why Me" by Loretta Lynn, 90 BPM

NB. Fits many other regular waltz tunes of your own choice, and of various speeds.

Section 1: SWAY (L,R,L) STEP ¼ TURN, ROCK ¼ TURN, RECOVER

1,2,3 Rock L to left side swaying hips left, recover weight onto R swaying hips right, recover weight onto L swaying hips left
4,5,6 Making a quarter turn right step forward on R, making another quarter turn right rock L out to left side, recover weight onto R. (now facing 6 o'clock)

Section 2: TWINKLE x 2 (allow feet to swivel gently as you dance your twinkles)

7,8,9 Step L across in front of R, step R slightly back, step L to left side
10,11,12 Step R across in front of L, step L back slightly, step R to right side

Section 3: WEAVE RIGHT (L,R,L), SWAY (R,L,R)

13,14,15 Step L across in front of R, step R to right side, step L behind R
16,17,18 Rock R out to right side swaying hips right, recover weight onto L swaying hips left, recover weight onto R swaying hips right

Section 4: ¼ TURN BASIC WALTZ FORWARD; BACK, SIDE, CROSS

19,20,21 Making a quarter turn left step L forward, step R in place, step L in place
22,23,24 Step back R, step L to left side, step R across in front of L (now facing 3 o'clock)

START AGAIN
