

You Are

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Isabella Ghinolfi (IT) - August 2019
音乐: You Are - Aaron Goodvin : (Album: V - Single)



2 Restarts: 2nd wall after 16 counts (6:00 o'clock) - 8th wall after 16 counts (12:00 o'clock)

Intro 32 counts. Start on lyrics

Section 1: R ROCK STEP, HEELS SWITCHES, L ROCK STEP, ¼ TURN L WITH L SHUFFLE

1-2 Rock step right forward, recover on left
&3&4 Step right beside left, touch left heel forward, step left beside right, touch right heel
&5-6 Step right beside left, rock left forward, recover on right step
7&8 ¼ turn left, shuffle step to side with left, right, left (9:00 o'clock)

Section 2: WEAVE LEFT SLOW, R SAILOR STEP, L SAILOR STEP

1-2-3-4 Cross right over left, step left to left, cross right behind left, step left to left (9:00)
5&6 Right sailor step (cross right behind left, step left to side, step right to right)
7&8 Left sailor step (cross left behind right, step right to right, step left to left)

***on 2nd and 8th wall, restart after 16 counts**

Section 3: TOES SWITCHES TO SIDES, R HEEL FAN TO R, RIGHT JAZZ BOX

1&2&3 Point right to right, step right beside left, point left to left, step left beside right, point right to right,
&4 Turn right heel to right and return to centre (weight on left)
5-6-7-8 Cross right over left, step left back, step right back, step left forward (9:00 o'clock)

Section 4: KICK BALL POINT X 2, TOUNCH POINT L, HOLD, L SAILOR STEP

1&2 Kick right forward, step right beside left, touch left toe to left
3&4 Kick left forward, step left beside right, touch right toe to right
&5-6 Step right beside left, touch left to toe left, hold
7&8 Cross left behind right, step right to right, step left to left with weight

Repeat

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