

Little Lion Man

COPPER **KNOB**
BY SHEETS

拍数: 96 墙数: 1 级数: Phrased Advanced (Catalan Style)
编舞者: Simone Surdic (IT) - September 2019
音乐: Little Lion Man - Mumford & Sons : (Album: Sigh No More)



***6th Place at Belt Festival 2019, 8th Edition - Level Intermediate/Advanced Contest
Team DAD IN LIMITED EDITION**

Sequence: Intro - Tag1 - A1 - Tag2 - B1 - A1 - B1 - B1 - Tag1* - Tag3 - Tag4 - A2 - B2 - Final
*** Modified last two counts**

The Dance starts after the first 16 Counts of the music.

Legend: L: Left R: Right Fwd: Forward

Intro (16 Count)

SECT. 1 – HEEL L, CROSS R BACK, HEEL L, CROSS R BACK, HEEL L, CROSS R BACK, SIDE STEP L, POINT R, ROLLING VINE R, STOMP L

- &1-&2 (Going to Left) Left Heel Fwd, Cross R behind L - (Going to Left) Left Heel Fwd, Cross R behind L
&3-&4 (Going to Left) Left Heel Fwd, Cross R behind L - Step L to Left, Touch Right Toe to Right (Right Knee inward)
5-6 Turn ¼ Right and Drop Right Heel Down - Turn ½ Right and Step L Back
7-8 Turn ¼ Left and Step R to Right - Stomp L beside R

SECT. 2 – HEEL R, CROSS L BACK, HEEL R, CROSS L BACK, HEEL R, CROSS L BACK, SIDE STEP R, POINT L, ROCK L FORWARD ½ TURN LEFT, STEP L FORWARD ½ TURN LEFT, HOLD

- &1-&2 (Going to Right) Right Heel Fwd, Cross L behind R - (Going to Right) Right Heel Fwd, Cross L behind R
&3-&4 (Going to Right) Right Heel Fwd, Cross L behind R - Step R to Right, Touch Left Toe to Left (Left Knee inward)
5-6 Turn ½ Left and Rock L Fwd - Recover Weight on R
7-8 Turn ½ Left and Step L Fwd - Hold

PART A1 (64 Count)

SECT. 1 – WAVE R x 2, ROCK R FORWARD ¼ TURN RIGHT, TOE SRTUT R BACK, STEP L FORWARD ¼ TURN LEFT, HOLD, KICK R FORWARD, STEP R ½ TURN LEFT

- &1-&2 Short Step R to Right, Cross L behind R - Short Step R to Right, Cross L over R
&3-&4 Short Step R to Right, Cross L behind R - Short Step R to Right, Cross L over R
&5-&6 Turn ¼ Right and Rock R Fwd, Recover Weight on L - Step Right Toe Back, Drop Right Heel Down
&7-&8 Turn ¼ Left and Step L Fwd, Hold - Kick R Fwd, Turn ½ Left and Step R beside L

SECT. 2 – ½ TURN LEFT, STEP L FORWARD, KICK R FORWARD, HOOK R ¼ TURN LEFT, PIVOT R ¼ TURN LEFT, JUMPING ROCK R BACK, STOMP R, APPLEJACKS L & R

- &1-&2 Turn ½ Left, Step L Fwd - Kick R Fwd, Turn ¼ Left and Hook R over L
3-4 Turn ¼ Left and Short Step R Fwd - Turn ½ Left
5-&6 (Jumping) Rock R Back - Recover Weight on L, Stomp R Beside L
&7-&8 Swivel Left Toe & Right Heel to Left, Return in Place - Swivel Right Toe & Left Heel to Right, Return in Place

SECT. 3 – WAVE L x 2, SCISSOR CROSS L, HOLD, PIVOT R, STEP L FORWARD, HOLD

- &1-&2 Short Step L to Left, Cross R behind L - Short Step L to Left, Cross R over L
&3-&4 Short Step L to Left, Cross R behind L - Short Step L to Left, Cross R over L
&5-&6 Step L to Left, Step R beside L - Cross L over R, Hold

&7-&8 Step R Fwd, Turn ½ Left - Step L Fwd, Hold

SECT. 4 – KICK R FORWARD, STEP R ½ TURN LEFT, ½ TURN LEFT, STEP L FORWARD, KICK R FORWARD, HOOK R ¼ TURN LEFT, ¼ TURN LEFT, KICK R FORWARD, JUMPING ROCK R BACK, SCUFF R, STOMP R FORWARD, SWIVEL L + R

&1-&2 Kick R Fwd, Turn ½ Left and Step R beside L - Turn ½ Left, Step L Fwd

&3-&4 Kick R Fwd, Turn ¼ Left and Hook R over L - Turn ¼ Left, Kick R Fwd

5-6 (Jumping) Rock R Back - Recover Weight on L

&7-&8 Scuff R beside L, Stomp R Fwd - Swivel Right & Left Heel to Right, Return in Place

SECT. 5 – VAUDEVILLES R & L, PIVOT R, STEP R BACK, HOLD, COASTER STEP L, HOLD

&1-&2 Cross R over L, Step L Diagonally Back to Left - Right Heel Diagonally Fwd to Right, Step R beside L

&3-&4 Cross L over R, Step R Diagonally Back to Right - Left Heel Diagonally Fwd to Left, Step L beside R

&5-&6 Step R Fwd, Turn ½ Left - Turn ½ Left and Step R Back, Hold

&7-&8 Step L Back, Step R beside L - Step L Fwd, Hold

SECT. 6 – FLICK R, STOMP R, HOLD, SWIVETS R & L, FLICK L ½ TURN RIGHT, STOMP L ½ TURN RIGHT, HOLD, JUMPING ROCK R BACK, FLICK R, STOMP UP R

&1-2 Flick R, Stomp R beside L - Hold

&3-&4 Swivet Right Toe to Right & Left Heel to Left, Return in Place - Swivet Left Toe to Left & Right Heel to Right, Return in Place

&5-6 Turn ½ Right and Flick L, Turn ½ Right and Stomp L beside R - Hold

&7-&8 (Jumping) Rock R Back, Recover Weight on L - Flick R, Stomp Up R beside L

SECT. 7 – SIDE SLIDE R, STOMP UP L, SIDE SLIDE L, STOMP UP R

1-2 Long Step R to Right - Start Dragging Left Toe Back

3-4 Go on Dragging Left Toe Back - Stomp Up L beside R

5-6 Long Step L to Left - Start Dragging Right Toe Back

7-8 Go on Dragging Right Toe Back - Stomp Up R beside L

SECT. 8 – ROCK R FORWARD, TOE STRUT R BACK, ROCK L FORWARD ½ TURN LEFT, STEP L FORWARD ½ TURN LEFT, HOLD, SCUFF R, JUMPING TOUCH L BACK ½ TURN LEFT, ½ TURN LEFT, FLICK R, SIDE STOMP R, HOLD

&1-&2 Rock R Fwd, Recover Weight on L - Step Right Toe Back, Drop Right Heel Down

&3-&4 Turn ½ Left and Rock L Fwd, Recover Weight on R - Turn ½ Left and Step L Fwd, Hold

&5-6 Scuff R beside L, (Jumping) Turn ½ Left Dropping R Down and Touch Left Toe behind R - Turn ½ Left

&7-8 Flick R, Stomp R to Right - Hold

PART A2 (32 Count)

SECT. 1, SECT. 2, SECT. 3 are the same as in Part A1.

SECT. 4 – KICK R FORWARD, STEP R ½ TURN LEFT, ½ TURN LEFT, STEP L FORWARD, KICK R FORWARD, HOOK R ¼ TURN LEFT, ¼ TURN LEFT, KICK R FORWARD, JUMPING ROCK R BACK, SCUFF R, FLICK R ½ TURN LEFT, SIDE STOMP R, HOLD

Replace only the last three Counts of SECT. 4 of Part A1 with:

&1-&2 Kick R Fwd, Turn ½ Left and Step R beside L - Turn ½ Left, Step L Fwd

&3-&4 Kick R Fwd, Turn ¼ Left and Hook R over Left - Turn ¼ Left, Kick R Fwd

5-&6 (Jumping) Rock R Back - Recover Weight on L, Scuff R beside L

&7-&8 Turn ½ Left and Flick R, Stomp R to Right - Hold

PART B1 (32 Count)

SECT. 1 – KICK R DIAGONALLY (11:00), TOUCH L BACK x 2, JUMP OUT, JUMP IN & HOOK L, JUMP OUT, SCOOT R ½ TURN RIGHT, SCOOT R ½ TURN RIGHT

- 1-2 Kick R Diagonally Fwd (11:00) - (Jumping Fwd) Drop R Down and Touch Left Toe behind R
- 3-4 Touch Left Toe behind R - (Jumping) R to Right and L to Left
- 5-6 (Jumping) R to the center and Hook L over R - (Jumping) R to Right and L to Left
- 7-8 (Jumping) Turn ½ Right and Hitch Right Knee - (Jumping) Turn ½ Right and Hitch Right Knee

SECT. 2 – KICK L DIAGONALLY (1:00), TOUCH R BACK x 2, JUMP OUT, JUMP IN & HOOK R, JUMP OUT, SCOOT L ½ TURN LEFT, JUMPING ½ TURN LEFT

- 1-2 Kick L Diagonally Fwd (1:00) - (Jumping Fwd) Drop L Down and Touch Right Toe behind L
- 3-4 Touch Right Toe behind L - (Jumping) R to Right and L to Left
- 5-6 (Jumping) L to the center and Hook R over L - (Jumping) R to Right and L to Left
- 7-8 (Jumping) Turn ½ Left and Hitch Left Knee - (Jumping) Turn ½ Left and Move both Feet to the center

SECT. 3 – KICK R FORWARD ¼ TURN RIGHT, KICK L FORWARD ¼ TURN RIGHT, FLICK & SLAP R ¼ TURN RIGHT, KICK R FORWARD ¼ TURN RIGHT, FLICK & SLAP L, KICK L FORWARD, JUMPING HITCH R BACK, STOMP UP R BACK, JUMPING HITCH R BACK, STOMP UP R BACK

- 1-2 Turn ¼ Right and Kick R Fwd - Turn ¼ Right and Kick L Fwd
- 3-4 Turn ¼ Right and Flick R with Right Slap - Turn ¼ Right and Kick R Fwd
- 5-6 Flick L with Left Slap - Kick L Fwd
- &7-&8 (Jumping Back) Hitch Right Knee, Stomp Up R behind L - (Jumping Back) Hitch Right Knee, Stomp Up R behind L

SECT. 4 – KICK R DIAGONALLY (1:00), TOUCH L BACK, KICK L DIAGONALLY (11:00), TOUCH R BACK, ROCK R FORWARD ¼ TURN RIGHT, ROCK R FORWARD ½ TURN RIGHT, STEP R FORWARD ¼ TURN RIGHT, HOLD, STOMP L

- 1-2 Kick R Diagonally Fwd (1:00) - (Jumping Fwd) Drop R Down and Touch Left Toe behind R
- 3-4 Kick L Diagonally Fwd (11:00) - (Jumping Fwd) Drop L Down and Touch Right Toe behind L
- &5-&6 Turn ¼ Right and Rock R Fwd, Recover Weight on L - Turn ½ Right and Rock R Fwd, Recover Weight on L
- &7-8 Turn ¼ Right and Step R Fwd, Hold - Stomp L beside R

PART B2 (32 Count)

SECT. 1 – FLICK R ½ TURN LEFT, SIDE STOMP R, HOLD x 3, JUMP OUT, JUMP IN, SCOOT R ½ TURN RIGHT x 2

Replace only the first six Counts of SECT. 1 of Part B1 with:

- &1-2 Turn ½ Left and Flick R, Stomp R to Right - Hold
- 3-4 Hold - Hold
- 5-6 (Jumping) R to Right and L to Left - (Jumping) Move both Feet to the center
- 7-8 (Jumping) Turn ½ Right and Hitch Right Knee - (Jumping) Turn ½ Right and Hitch Right Knee

SECT. 2, SECT. 3, SECT. 4 are the same as in Part B1.

Tag 1 (32 Count)

SECT. 1 – STOMP R FORWARD, HOLD, TOE STRUT R BACK, ROCK L FORWARD ½ TURN LEFT, STEP L FORWARD ½ TURN LEFT, HOLD

- 1-2 Stomp R Fwd - Hold
- 3-4 Step Right Toe Back - Drop Right Heel Down
- 5-6 Turn ½ Left and Rock L Fwd - Recover Weight on R
- 7-8 Turn ½ Left and Step L Fwd - Hold

Repeat SECT. 1 other two times: SECT. 2, 3 are like SECT. 1.

SECT. 4 – STOMP R FORWARD, HOLD, TOE STRUT R BACK, ROCK L FORWARD ½ TURN LEFT, STEP L FORWARD ½ TURN LEFT, STOMP UP R

- 1-2 Stomp R Fwd - Hold

- 3-4 Step Right Toe Back - Drop Right Heel Down
- 5-6 Turn ½ Left and Rock L Fwd - Recover Weight on R
- 7-8 Turn ½ Left and Step L Fwd - Stomp Up R beside L

Tag 1* (32 Count)

SECT. 1, SECT. 2, SECT. 3 are the same as in Tag1.

SECT. 4 – STOMP R FORWARD, HOLD, TOE STRUT R BACK, ROCK L FORWARD ½ TURN LEFT, TOE STRUT L BACK, HEEL STRUT R ½ TURN RIGHT

Replace only the last two Counts of SECT. 4 of Tag1 with:

- 1-2 Stomp R Fwd - Hold
- 3-4 Step Right Toe Back - Drop Right Heel Down
- 5-6 Turn ½ Left and Rock L Fwd - Recover Weight on R
- &7-&8 Step Left Toe Back, Drop Left Heel Down - Turn ½ Right and Right Heel Fwd, Drop Right Toe Down

Tag 2 (32 Count)

SECT. 1 – SIDE STOMP L ½ TURN RIGHT, HOLD, SIDE STEP R ½ TURN RIGHT, HOLD, SIDE STEP L ½ TURN LEFT, HOLD x 3

- 1-2 Turn ½ Right and Stomp L to Left - Hold
- 3-4 Turn ½ Right and Step R to Right - Hold
- 5-6 Turn ½ Left and Step L to Left - Hold
- 7-8 Hold - Hold

SECT. 2 – SIDE STOMP L ½ TURN RIGHT, HOLD, SIDE STEP R ½ TURN RIGHT, HOLD, SIDE STEP L ½ TURN LEFT, HOLD x 3

- 1-2 Turn ½ Right and Stomp L to Left - Hold
- 3-4 Turn ½ Right and Step R to Right - Hold
- 5-6 Turn ½ Left and Step L to Left - Hold
- 7-8 Hold - Hold

SECT. 3 – TOE STRUT R BACK, TOE STRUT L BACK, ROCK R FORWARD ½ TURN RIGHT, TOE STRUT R BACK, HEEL STRUT L ½ TURN LEFT

- 1-2 Step Right Toe Back - Drop Right Heel Down
- 3-4 Step Left Toe Back - Drop Left Heel Down
- 5-6 Turn ½ Right and Rock R Fwd - Recover Weight on L
- &7-&8 Step Right Toe Back, Drop Right Heel Down - Turn ½ Left and Left Heel Fwd, Drop Left Toe Down

SECT. 4 – FULL TURN L FORWARD x 2, FLICK R, SIDE STOMP R, HOLD x 3

- 1-2 Turn ½ Left and Step R Back - Turn ½ Left and Step L Fwd
- 3-4 Turn ½ Left and Step R Back - Turn ½ Left and Step L Fwd
- &5-6 Flick R, Stomp R to Right - Hold
- 7-8 Hold - Hold

Tag 3 (32 Count)

SECT. 1 – STEP L FORWARD & CLAP, STEP R FORWARD & CLAP, STEP L FORWARD & CLAP, STEP R FORWARD & CLAP, STEP L FORWARD & CLAP, STEP R FORWARD & CLAP, STEP L FORWARD & CLAP, STEP R FORWARD & CLAP

- 1-2 Step L Fwd and Clap - Step R Fwd and Clap
- 3-4 Step L Fwd and Clap - Step R Fwd and Clap
- 5-6 Step L Fwd and Clap - Step R Fwd and Clap
- 7-8 Step L Fwd and Clap - Step R Fwd beside L and Clap

All Counts of SECT. 2 and SECT. 3 are Claps. While clapping you are free to go back to your start position or exchange it with another dancer.

SECT. 4 – CLAP x 4, KICK R FORWARD, HOOK R ¼ TURN LEFT, PIVOT R ¼ TURN LEFT, HOLD

- 1-2 Clap - Clap
- 3-4 Clap - Clap
- &5-6 Kick R Fwd, Turn ¼ Left and Hook R over L - Turn ¼ Left and Short Step R Fwd
- 7-8 Turn ½ Left - Hold and Greet with the Hat

Tag 4 (32 Count)

SECT. 1 – HEEL R FORWARD, POINT L, HEEL L FORWARD, POINT R, KICK R FORWARD x 2, ROCK R BACK

- 1-&2 Right Heel Fwd - Move R Back in place, Touch Left Toe to Left (Left Knee inward)
- 3-&4 Left Heel Fwd - Move L Back in place, Touch Right Toe to Right (Right Knee inward)
- 5-6 Kick R Fwd - Kick R Fwd
- 7-8 (Turn a Little Right) Rock R Back - (Turning Left Back on start-wall) Recover Weight on L

SECT. 2 – PIVOT R, STOMP R DIAGONALLY (4:00), ¾ TURN RIGHT (2nd Wall), STOMP L, STOMP UP R

- 1-2 Step R Fwd - Turn ½ Left
- 3-4 Stomp R Diagonally Fwd (4:00) - Hold
- 5-6 Turn ½ Right and Step L Back - Turn ¼ and Step R beside L (face on 2nd Wall)
- 7-8 Stomp L beside R - Stomp Up R beside L

Then repeat the sequence “SECT. 1 + SECT. 2” other three times to come back on 1st Wall:

SECT. 3 – HEEL R FORWARD, POINT L, HEEL L FORWARD, POINT R, KICK R FORWARD x 2, ROCK R BACK

SECT. 4 – PIVOT R, STOMP R DIAGONALLY (7:00), ¾ TURN RIGHT (3rd Wall), STOMP L, STOMP UP R

SECT. 5 – HEEL R FORWARD, POINT L, HEEL L FORWARD, POINT R, KICK R FORWARD x 2, ROCK R BACK

SECT. 6 – PIVOT R, STOMP R DIAGONALLY (10:00), ¾ TURN RIGHT (4th Wall), STOMP L, STOMP UP R

SECT. 7 – HEEL R FORWARD, POINT L, HEEL L FORWARD, POINT R, KICK R FORWARD x 2, ROCK R BACK

SECT. 8 – PIVOT R, STOMP R DIAGONALLY (1:00), ¾ TURN RIGHT (1st Wall), STOMP L, STOMP UP R

FINAL (32 Count)

SECT. 1 and SECT. 2 are the same as in Tag2.

SECT. 3 – TOE STRUT R BACK ½ TURN LEFT, TOE STRUT L BACK, STEP R FORWARD ½ TURN RIGHT, HOLD, FULL TURN R FORWARD

- 1-2 Turn ½ Left and Step Right Toe Back - Drop Right Heel Down
- 3-4 Step Left Toe Back - Drop Left Heel Down
- 5-6 Turn ½ Right and Step R Fwd - Hold
- 7-8 Turn ½ Right and Step L Back - Turn ½ Right and Step R Fwd

SECT. 4 – STEP L FORWARD, HOLD, TOUCH R BACK, HOLD, KICK R FORWARD, HOOK R ¼ TURN LEFT, PIVOT R ¼ TURN LEFT, SIDE STEP L

- 1-2 Step L Fwd - Hold
- 3-4 Touch Right Toe behind L - Hold
- &5-6 Kick R Fwd, Turn ¼ Left and Hook R over L - Turn ¼ Left and Short Step R Fwd
- 7-8 Turn ½ Left - Step L to Left and Greet with the Hat

THANKS, AND HAVE FUN

