

Let's Get a Little Southbound

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Improver
编舞者: Gwen Walker (USA) & Betty Moses (USA) - September 2019
音乐: Southbound - Carrie Underwood : (Album: Cry Pretty - 3.23)



Intro: 8 Counts

[1-8] Rock Forward/Recover, Lock Step Back, Rock/Recover, Lock Step Forward

1 2 Rock forward on R, Recover weight on L
3&4 Lock step back
5 6 Rock back on L, Recover on R
7&8 Lock step forward

[9-16] Kickball Point, Kickball Point, ¼ Pivot, Right Hip Bumps

1&2 Kick R forward, Step R next to L, Point L to side
3&4 Kick L forward, Step L next to R, Point R to side
5-6 Step R forward, Roll hips counter clockwise pivoting 1/4 turn left [9:00]
7&8 Bump hips right, left, right

[17-24] Left Hip Bumps, ¼ Pivot, Crossing Triple, Side Rock/Recover

1&2 Bump hips left, right, left.
3-4 Step R forward, Roll hips counter clockwise pivoting 1/4 turn left [6:00]
5&6 Cross R over L, Step L to side, Cross R over L
7-8 Rock L to side, Recover weight on R

[25-32] Rock Forward/Recover, Coaster Step, Cross Point, Cross Point

1-2 Rock forward on L, Recover weight on R
3&4 Left coaster step
5-8 Cross R over L, Point L to side, Cross L over R, Point R to side

*****4 Ct tag / restart here on Wall 3 facing 12:0*****

[33-40] Step Back/Point, Step Back/Point, ¼ Turn Sailor, Mambo Step

1-2 Step back on R, Point L to side
3-4 Step back on L, Point R to side
5&6 Right Sailor ¼ right [9:00]
7&8 Rock forward on L, Recover weight on R, Step L next to R

[40-48] Cross/Side, Sailor Step, Ball Cross, Heel Bounces Turning ½ Right

1-2 Cross R over L, Step L to side
3&4 Right Sailor step
5-8 Cross L over R, Unwind ½ turn over right shoulder with 3 heel bounces (weight ends on left)

Tag/Restart – On Wall 3, dance 32 count - add the following 4 count tag

Bump hips R-L-R-L and Restart the Dance facing 12:00