Patience (Necesito Pacienca)



编舞者: Aëla Fourmage (FR) & Angéline Fourmage (FR) - August 2019

音乐: Patience by Egzod & Sinego

Start : 16 counts – 1 Restart – 1 Tag Sequence : 16-A-A-Tag-A-A-A

[1-8] Step, Lock, Step, Step, Lock, Step, V Step

1&2 RF FW, LF behind RF, RF FW 3&4 LF FW, RF behind LF, LF FW

5-6 RF FW to the R diagonal, LF FW to the L diagonal

7-8 RF Back, LF next to RF

[9-16] Step, Lock, Step, Step, Lock, Step, Coaster-Step, Point, Cross

1&2 RF Back, Cross LF over RF, RF Back
3&4 LF Back, Cross RF over LF, LF Back
5&6 RF Back, LF next to RF, RF FW

7-8 Point LF to the L side, Cross LF over RF (*Restart Wall 1, 12:00)

[17-24] Point, Cross, Paddle Turn 104 R, Cross, Point, Cross, Point

1-2 Point RF to the R side, Cross RF over LF

3-4 Point LF to the L side with 1/8 R, Point LF to the L side with 1/8 R

5-6 Cross LF over RF, Point RF to the R side 7-8 Cross RF over LF. Point LF to the L side

[24-32] Jazz-Box, Step Back, Step Back, Coaster-Step

1-2 Cross LF over RF, RF Back3-4 LF to the L side, RF next to LF

5-6 LF Back, RF Back

7&8 LF Back, RF next to LF, LF FW

Tag: 2 counts Together, Bounces

&1&2& RF next to LF, Heel Up, Heel Down, Heel Up, Heel Down

NOTA: RF = Right Foot, LF = Left Foot, FW = Forward

Smile and enjoy the dance

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