

Laissez-moi danser (Monday Tuesday)

COPPER KNOB
BY SHEETS

拍数: 112 墙数: 1 级数: Phrased Beginner / Improver
编舞者: Maryse Fourmage (FR) & Angéline Fourmage (FR) - September 2019
音乐: Laissez-moi danser (Monday Tuesday) - Dalida : (amazon)



Start : 24 counts (aproximatevely 11s)

Sequence : B-B-A-A-C-C-B-A-A-C-B-A-C-C-B-B-Final

Part A (32)

[1-8] Walk FW, Together, Swivel

1-2 RF FW, LF FW
3-4 RF FW, LF next to RF
5-6 Make R Hell to R side, Heel recover to center
7-8 Make R Hell to R side, Heel recover to center

[9-16] Walk Back, Together, Swivel

1-2 RF Back, LF Back
3-4 RF Back, LF next to RF
5-6 Make R Hell to R side, Heel recover to center
7-8 Make R Hell to R side, Heel recover to center

[17-24] Step, Touch, Step, Touch, Point, Together, Point, Together

1-2 RF to R side, Touch LF next to RF
3-4 LF to L side, Touch RF next to LF
5-6 Point RF to R side, RF next to LF
7-8 Point LF to L side, LF next to RF

[25-32] Step, Turn 1/2 L, Cross Point, Step, Turn 1/2 R, Cross Point

1-2 RF RW, Turn 1/2 L (Weight is on LF)
3-4 Cross RF over LF, Point LF to L side
5-6 LF FW, Turn 1/2 R
7-8 Cross LF over RF, Point RF to R side

Part B (24)

[1-8] Vine, Touch, Arms Disco (Moulinet)

1-2 RF to R side, LF behind RF
3-4 RF to R side, Touch LF next to RF
5-6-7-8 Make Arms Disco (Moulinet)

[9-16] Vine, Touch, Arms Disco (Moulinet)

1-2 LF to L side, RF behind LF
3-4 LF to L side, Touch RF next to LF
5-6-7-8 Make Arms Disco (Moulinet)

[17-24] V-Stepx2

1-2 RF to R diagonal FW, LF to L diagonal FW
3-4 RF Back, LF next to RF
5-6 RF to R diagonal FW, LF to L diagonal FW
7-8 RF Back, LF next to RF

Part C (56)

[1-8] Cross Point x 4

1-2 Cross RF over LF, Point LF to L side

- 3-4 Cross LF over RF, Point RF to R side
- 5-6 Cross RF over LF, Point LF to L side
- 7-8 Cross LF over RF, Point RF to R side

[9-16] Cross Point x 4

- 1-2 Cross RF behind LF, Point LF to L side
- 3-4 Cross LF behind RF, Point RF to R side
- 5-6 Cross RF behind LF, Point LF to L side
- 7-8 Cross LF behind RF, Point RF to R side

[17-24] Rolling Vine R, Touch, Rolling Vine L, Touch

- 1-2 Make $\frac{1}{4}$ R with RF FW, make $\frac{1}{2}$ R with LF Back
- 3-4 Make $\frac{1}{4}$ R with RF to R side, Touch LF next to RF
- 5-6 Make $\frac{1}{4}$ L with LF FW, make $\frac{1}{2}$ L with RF Back
- 7-8 Make $\frac{1}{4}$ L with LF to R side, Touch RF next to LF

[25-32] Rocking-Chair, Jazz-Box

- 1-2 RF RW, Recover to LF
- 3-4 RF Back, Recover to LF
- 5-6 Cross RF over LF, LF Back
- 7-8 RF to R side, Cross LF over RF

[33-40] Cross Point x 4

- 1-2 Cross RF over LF, Point LF to L side
- 3-4 Cross LF over RF, Point RF to R side
- 5-6 Cross RF over LF, Point LF to L side
- 7-8 Cross LF over RF, Point RF to R side

[41-48] Cross Point x 4

- 1-2 Cross RF behind LF, Point LF to L side
- 3-4 Cross LF behind RF, Point RF to R side
- 5-6 Cross RF behind LF, Point LF to L side
- 7-8 Cross LF behind RF, Point RF to R side

[49-56] Vine, Touch, Vine, Touch

- 1-2 RF to R side, LF behind RF
- 3-4 RF to R side, Touch LF next to RF
- 5-6 LF to L side, RF behind LF
- 7-8 LF to L side, Touch RF next to LF

Final :

- Arm R Up, Arm L Up
- Arms down

NOTA : RF = Right Foot, LF = Left Foot, FW = Forward, R = Right, L = Left

Smile and enjoy the dance

Contact : maellynedance@gmail.com
