

Goyang Marinong

拍数: 48 墙数: 4 级数: High Beginner
编舞者: Cahaya Mega (INA) - September 2019
音乐: Nong Mari Nong - Alfred Gare & PAX Group



Intro : 32 Count

Session I: Out-out-in-in, Chase R, Chase L

1-2 Step R Forward to Right Diag, Step L Forward to Left Diag
3-4 Step R back to Center, Step L Next to R
5&6 Step R to Right Side, Step L beside R, Step R to Right Side
7&8 Step L to Left Side, Step R beside L, Step L to Left Side

Session II: Point Cross, Point Side, Botafogo.

1-2 Cross Point R Over L, Point R to Side Right
3&4 Cross R over L, Step L to Side, Step R in Place
5-6 Cross Point L Over R, Point L to Side Left
7&8 Cross L Over R, Step R to side, Step L in Place

Session III: Syncopated Cross, Turn 1/4 Left Syncopated Cross

1&2&3&4 Cross R over L, Step L Touch Slightly Behind R, Cross R over L, step L touch slightly behind R, Cross R over L, Step L touch Slightly Behind R, Cross R Over L(12.00)
5&6&7&8 Turn Left 1/4 (09.00) Cross L Over R, Step R Touch Slightly Behind L, Cross L Over R, Step R Touch Slightly Behind L, Cross L Over R, Step R Touch Slightly Behind L, Cross L Over R.(09.00)

Session IV: (Charleston, Turn 1/2 Left)

1-2 Touch R forward, Step R backward
3-4 Step L Touch Back, Step L Forward
5-6 Step R Touch Forward, Step R backward
7-8 Step L Touch Back, Turn 1/2 Left (03.00)(Weight on L)

Session V: Side Mambo, Touch Turn 1/2 Left, Together

1&2 Step R to Right Side, Recover on L Step R next to L
3&4 Step L to Left Side, Recover on R Step L next to R
5-6 1/8 Turn Left Touch R to Right Side, 1/8 Turn Left Touch R to Right Side
7-8 1/8 Turn Left Touch R to Right Side, 1/8 Turn Left Step R Next to L (09.00)

Session VI: Side Mambo, Touch Turn 1/2 Right, Together

1&2 Step L to Left Side, Recover on R Step L next To R
3&4 Step R to Right Side, Recover on L Step R Next to L
5-8 1/8 Turn Right Touch L to Left Side, 1/8 Turn Right Touch L to Left Side, 1/8 Turn Right Touch L to Left Side, 1/8 Turn Right Step L next to R (03.00)

Tag I: wall 3,6,8,11 (after 32 Count)

Jazz Box Step

1-2 Cross R over L, Step L Back
3-4 Step R to Side, Step L Forward

Tag II: Wall 6 (After 32 Count) (Tag I + 32 Count), repeat sessions V and VI twice