

# Shake a Heartache

**COPPER** KNOB  
BY STEPHENETS

拍数: 32                      墙数: 4                      级数: Absolute Beginner  
编舞者: Sophie Ruhling (FR) - August 2019  
音乐: Shake a Heartache - Aaron Watson



## #16 count intro - CCW - NO TAG NO RESTART

### SECT.1 TRIPLE R TO R SIDE, TRIPLE L TO L SIDE, STOMP R FWD, STOMP L FWD, HOLD & CLAP X2

1&2                      step R to R side, step L beside R, step R to R side  
3&4                      step L to L side, step R beside L, step L to L side  
5-6                      stomp R fwd, stomp L fwd  
7-8                      hold & clap, hold & clap

### SECT.2 MILITARY 1/4 TURN L X2, HEEL STRUT R & L WITH SNAP

1-2                      walk R, 1/4 turn L (weight on L) (9.00)  
3-4                      walk R, 1/4 turn L (weight on L) (6.00)  
5-6                      walk R heel fwd, drop R toe & snap  
7-8                      walk L heel fwd, drop L toe & snap

### SECT.3 LOCKED TRIPLE R FWD DIAGONAL R, STOMP L, STOMP R, LOCKED TRIPLE L FWD DIAGONAL L, STOMP R, STOMP L

1&2                      walk R to R diagonal, lock L behind R, walk R to R diagonal  
3-4                      stomp L in place, stomp R in place  
5&6                      walk L to L diagonal, lock R behind L, walk L to L diagonal  
7-8                      stomp R in place, stomp L in place

### SECT.4 STEP 1/2 TURN L, MILITARY 1/4 TURN L, "ELVIS KNEES" X3, HOLD

1-2                      walk R, 1/2 turn L (weight on L) (12.00)  
3-4                      walk R, 1/4 turn L (weight on L) (9.00)  
5-6                      weight on L move R knee inside, weight on R move L knee inside  
7-8                      weight on L move R knee inside, hold (weight on L)

Association Loi 1901 (N° W953006406)  
[www.countryonfire.com](http://www.countryonfire.com)