

Sweet But Psycho

COPPER KNOB
BY STEPHEN

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Patrice Serianni (FR) - August 2019
音乐: Sweet but Psycho - Ava Max : (Album: Sweet But Psycho - single - iTunes and Amazon)



Dance starts after 32 counts

(1-8) SIDE, BEHIND, SIDE, HEEL, RECOVER, CROSS, STEP ¼ TURN, BODY ROLL, STEP, STEP, SWIVEL

1, 2 Step right out to side (1), step left behind right (2)
&3&4 Step right to side (&), step left heel out (3), recover on the left (&), step right forward (4)
5, 6& Step left turning ¼ right (9:00) (5), body roll (6), step right forward (&)
7&8 Step left forward (7), swivel balls of left and right feet to the right (&, 8)

(9-16) BACK, TOUCH, HOLD, STEP, HEEL, RECOVER, TOUCH ¼ TURN, CROSS, BACK, SHUFFLE

&1, 2 Step left back (&) touch right next to left (1), hold (2)
&3&4 Recover right (3), step left heel forward (&), recover left, turn ¼ left (6:00) and point right toe (4)
5, 6 Cross right over left (5), hold (6)
&7&8 Step left back (&), step right forward (7), step left forward, (&), step right forward (8)

(17-24) ROCK, RECOVER, BEHIND, ¼ TURN RIGHT, STEP BODY ROLL, TOUCH, SIT ½ TURN

1, 2 Step left forward, rolling hip forward (1), recover right (2)
3&4 Step left back turning 1/8 to the right (7:30) (3), step right back turning 1/8 to the right (squaring up to 9:00) (&), step left forward (4)
5, 6 Step right forward (5), body roll forward, ending with weight on left (6)
7&8 Touch right (7), pivot on ball of right ½ right, leaning back on left (3:00)(&), touch right (8)

(25-32) STEP, BRUSH, HEEL, RECOVER, TOUCH, BACK, HIPS, BEHIND, SIDE, FORWARD

1, 2 Step right forward (1), brush left (2)
3&4 Step left heel out (3), recover on left, stepping back (&), touch right (4)
5, 6 Step back on right (5), roll hips back right, leaning back on heel off right foot (6)
7&8 Step left back (7), step right beside left (&), step left forward (8)

(33-40) STEP, HOLD, CROSS ¼ TURN LEFT, SIDE, FORWARD, CROSS, HOLD, BACK, SIDE, FORWARD

1, 2 Step right forward (1), hold (2)
&34 Cross left over right turning ¼ left (12:00) (&), step right back (3), step left forward (4)
5, 6& Cross right over left (5), hold (6), step left back (&)
7, 8 Step right to the side (7), step left forward (8)

(41-48) HIP, HIP, HIP, RECOVER, WALK, WALK, CROSS, ¼ TURN RIGHT, SHUFFLE

1&2 Sway hips out to right (1), sway hips out to left (&), sway hips out to right, sitting back on right (2)
&34 Recover left (&), walk right forward (3), walk left forward (4)
5&6 Cross right over left (5), Step left back turning ¼ to the right (3:00)(&), step right forward (6)
7&8 Step left forward (7), step right forward (&), step left forward (8)

****RESTART HERE WALL 5** SUBSTITUTE REGULAR SHUFFLE FOR ¼ TURNING (RIGHT) SHUFFLE**

(49-56) STEP, HOLD, STEP ¼ TURN RIGHT, CROSS, ROCK, RECOVER, BEHIND SIDE CROSS

1, 2 Step right forward (1), hold (2)

- 3&4 Step left and pivot, turning $\frac{1}{4}$ to the right (6:00) (3) recover on right (&), cross left over right (4)
5, 6 Rock right out to side (5), recover left (6)
7&8 Cross right behind left (7), step left to side (&), cross right over left (8)

(57-64) SIDE MAMBO, SWAY, SWAY, V-STEP WITH FLICK

- 1&2 Rock left out to side (1), recover right (&), step left beside right (2)
3, 4 Sway hips to the right (3), sway hips to the left (4)
5, 6 Sway hips to the right (5), sway hips to the left (6)
&7&8 Step right out (&), step left out (7), step right back to center (&), step left back, flick right out (8)

There is a restart that happens during wall 5 after the shuffle step (count 48). When doing this, substitute in a turning shuffle, turning $\frac{1}{4}$ to the right. Then begin the dance again.

Enjoy!

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