

Slow Hands

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Phrased Intermediate
编舞者: Patrice Serianni (FR) - April 2017
音乐: Slow Hands - Niall Horan : (Album: Flicker - iTunes and Amazon)



Sequence: A, A, A, B, A Minus, A, A, B, A, A, A, B, A

Dance starts after 16 counts - Restarts:1

PART A

(1-8) ROCK RECOVER, BACK SHUFFLE, SWEEP, SWEEP, COASTER STEP

1, 2 Rock right forward (1), Recover on left (2)
3&4 Step right back (3), Step left back (&), Step right back (4)
5, 6 Sweep left back (5), Sweep right back (6)
7&8 Step left back (7), Step right beside left (&), Step left forward (8)

(9-16) STEP ½ TURN R, COASTER STEP, ¼ TURN R WITH A DRAG, ROCK BACK RECOVER

1, 2 Step right and turn ½ right (6:00) (1), Transfer weight to left (2)
3&4 Step right back (3), Step left beside right (&), Step right forward (4)
5, 6 Turn ¼ right and step left out to the side (9:00) (5), Step left and drag right (6)
7, 8 Rock right foot behind left (7), Recover left (8)

****RESTART HERE WALL 4****

(17-24) WIZARD, STEP, STEP, HIPS, HIPS, ½ TURN C BUMP

1, 2& Step right forward (1), Step left behind right (2), Step right forward (&)
3, 4 Step left out to the side (3), Step right out to the side (4)
5, 6 Right hip bump (5), Left hip bump (6)
7&8 Turn ¼ left bumping hips up/right (6:00) (7) Bump hips left (&) Turn ¼ left bumping hips back/down ending in a sit position with weight on right (3:00)

Part B

(1-8) STEP LOCK, SHUFFLE, 1/2 TURN L, STEP, ½ TURN C BUMP WITH FLICK

1, 2 Step right forward (1) Lock step left behind right (2)
3&4 Step right forward (3) step left forward still behind right (&) Step right forward (4)
5,6 Turn ½ left (9:00) stepping left forward (5) Step right forward (6)
7&8 Turn ¼ left bumping hips up/right (6:00) (7) Bump hips left (&) Turn ¼ left bumping hips back (3:00) keeping your weight on your left to flick the right foot (8)

A MINUS = RESTART: There is one Restart during wall 4. It happens after the first half of the dance. (Count 16) After the right rock back and recover, instead of going into the wizard, you will just restart the dance with a rock recover.

Enjoy!

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