

Lost Paradise

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Kenny Teh (MY) & Nancy Lee (MY) - September 2019
音乐: Paradis Perdue - Christine and the Queens



Intro: 32 Counts - No Tags ~ No Restarts ~

Section 1 [1-8] Rock L Forward , Recover R, ½ Turn L, L Forward , Hold, Rock R Forward, Recover L, ½ Turn R, Step F Forward , Hold (12:00)

1-4 Rock L Fwd (1), Recover R (2), ½ Turn L, Step L Fwd (3), Hold (4)
5-8 Rock R Fwd(5), Recover L (6), ½ Turn R , Step R Fwd (7), Hold (8)

Section 2 [9-16] Rock L Forward,Recover R, L Step Back, Touch R Behind L, ½ Turn R, Step R, ½ Turn R, Touch L Behind R, Step L, ¼ Turn R , Front Sweep L to R, Touch R beside L (3:00)

1-4 Rock L Fwd (1), Recover R (2), L Step Back (3), Touch R Slightly Behind L (4)
5-8 ½ Turn R, Step on R (5), ½ Turn R, Touch L Slightly Behind R(6), Step on L (7), ¼ Turn R ,
Front Sweep L to R, touch R Beside L (8)

Section3 [17-24] R Side Rock, Recover L, R Cross Over L , Hold, ¼ Turn R, Step L Forward , ¼ Turn R, Step R Forward, ½ Turn R, Step L Forward , Hold (3:00)

1-4 R Side Rock (1), Recover L (2), R Cross over L (3), Hold (4)
5-8 ¼ Turn R , Step L Fwd (5), ¼ Turn R, Step R Fwd (6), ½ Turn R, Step L Fwd (7), Hold (8) (
3:00)

Section4 [25-32] Cross R , Recover L, R Side Chasse ,Step L Together, ¼ Turn R, Step R Forward, Hold , Step L Together , ¼ Turn R, Step R Forward , Hold (9:00)

1-2 Cross R over L (1), Recover L (2),
3&4 R Side Chasse (3&4) (3:00)
&5-6 Step L together R (&), ¼ Turn R , Step R Fwd (5), Hold (6) (6:00)
&7-8 Step L together R (&), ¼ Turn R , Step R Fwd (7), Hold (8) (9:00)

Happy Dancing !!!

For Song & Step sheet, please contact:
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