

Hello Sunshine

COPPER KNOB
BY SHEETS

拍数: 64 墙数: 2 级数: Improver
编舞者: Anna Oldberg (SWE) - August 2019
音乐: Hello Sunshine - Bruce Springsteen



Intro: 16 c

(1) 1 – 8 Back/Behind, Sweep, Weave, Sweep, Weave

1,2 Step rf back/behind (1), sweep lf from front to back (2), 12:00
3,4,5,6,7,8 step lf behind rf (3), step rf to right side (4), cross lf over rf (5), sweep rf from back to front (6), cross rf over lf (7), step lf to left side (8) 12:00

(2) 1 – 8 ¼ diamond, Forward, Hold, Walk, Walk

1,2,3 Turn 1/8 right stepping back on rf (1), drag lf towards rf (2), step lf back (3) 1:30
4,5 Turn 1/8 right stepping rf to the side (4), turn 1/8 right stepping forward on lf (5), 4:30
6,7,8 Hold and drag rf forward (6), Walk forward rf, lf (7,8) 4:30

(3) 1 – 8 Rock, Hold, Recover, Side, Rock, Hold, Recover, Side

1,2,3,4 Rock rf over lf (1), Hold (2), Recover on lf (3), step rf slightly to right side (4) 6:00
5,6,7,8 Rock lf over rf (5), Hold (6), Recover on rf (7), step lf slightly to left side (8) 6:00

(4) 1 – 8 Full Chase*, Sweep, Sailor ½, Hold

1,2,3,4 Step rf forward (1), turn ½ left stepping down on lf (2), turn ½ left stepping down and a little back on rf (3), sweep lf from front to back (4) 6:00
5,6,7,8 Start turning ½ left stepping down on lf (5), step down on rf completing the ½ turn (6), step down on lf a little forward (7), hold (8) 12:00

(5) 1 – 8 Basic right, Basic left

1,2,3,4 Step rf a little longer step to right side (1), drag lf towards rf (2), rock back on lf (3), recover on rf (4) 12:00
5,6,7,8 Step lf a little longer step to left side (5), drag rf towards lf (6), rock back on rf (7), recover on lf (8) 12:00

(6) 1 – 8 Vine, Cross, Side rock, Recover, Weave

1,2,3,4 Step rf to right side (1), step lf behind rf (2), step rf to right side (3), cross lf over rf (4) 12:00
5,6,7,8 Rock rf to right side (5), recover on lf (6), cross rf over lf (7), step lf to left side (8) 12:00

(7) 1 – 8 Back rock, Hold, Recover, ½, Back rock, Hold, Recover, ½**

1,2,3,4 Rock back on rf (1), hold (2), recover on lf (3), turn ½ left stepping back rf (4) 6:00
5,6,7,8 Rock back on lf (5), hold (6), recover on rf (7), turn ½ right stepping back on lf (8), 12:00

(8) 1 – 8 ½, Hold, Chase ½, Hold, Pivot ½

1-6 Turn ½ right stepping forward on rf (1), hold (2), step lf forward (3), turn ½ right stepping down on rf (4), step lf forward (5), hold (6), 12:00
7-8 Step rf forward (7), turn ½ left stepping down on lf (8) 6:00

No Tags, No Restarts

* Easier option: replace full chase with, Rock rf forward (1), recover on lf (2), step rf next to lf (3)

** Easier option: section 7, count 8, replace ½ turn with walk forward, section 8, count 1, replace ½ turn with walk forward

Ending: On the last wall (instrumental part, wall 7), the very last pivot (count 7, 8 section 8), change to a full chase (step rf forward (7), turn 1/1 left stepping down on lf (8), step rf next to lf (1)), to end at 12 o'clock.

