

Nothing I Can Do About It Now

COPPER **KNOB**
BY STEPHEN

拍数: 48 墙数: 4 级数: High Beginner
编舞者: Sonja Hemmes (USA) - August 2019
音乐: Nothing I Can Do About It Now - Willie Nelson : (16 Biggest Hits)



Start 32 counts in

RUMBA BOX BACK, WITH HOLDS

1-4 Step right to the right side, step left next to right, step right back, hold
5-8 Step left to left side, step right next to left, step left forward, hold

COASTER FORWARD, COASTER BACK, WITH HOLDS

1-4 Step right forward, step left forward next to right, step right back, hold
5-8 Step left back, step right back next to left, step left forward, hold

STEP TOUCHES, STEP TOGETHER FORWARD, TOUCH

1-2 Step right to right side, touch left next to right
3-4 Step left to left side, touch right next to left
5-8 Step right to right side, step left next to right, step right forward, hold

STEP TOUCHES, STEP TOGETHER WITH 1/4 TURN LEFT, HOLD

1-2 Step left to left side, touch right next to left
3-4 Step right to right side, touch left next to right
5-8 Step left to left side, step right next to left, step left turning 1/4 left, hold

PADDLE 1/4 LEFT, LOCK STEP FORWARD, HOLD

1-4 Step right forward turn 1/8 left on balls of feet, repeat 1/8 paddle left
5-8 Step right forward, step left forward behind right, step right forward, hold

HEEL, HOLD, HEEL, HOLD, BEHIND SIDE 1/4 RIGHT, HOLD

1-4 Tap left heel, hold, tap left heel, hold
5-8 Step left behind right, step right forward turning 1/4 right, step on left, hold

****2 TAGS: End of the 2nd rotation facing the 6 o'clock wall and 4th rotation facing the 12 o'clock wall there is an 8 count Tag. Dance a Rumba Box forward.**

RUMBA BOX FORWARD

1-4 Step right to right side, step left next to right, step right forward, hold
5-8 Step left to left side, step right next to left, step left back, hold