I Was That Stupid Fool

级数: Improver Cha Cha

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音乐: That Fool Is Me - Chris Raddings

1-2 3&4 5-6 7-8	Step Right diaganol lock left behind right (1pm) & Right Step lock step forward. Step left forward pivot 1/8th turn to right. Repeat steps taking you to back wall. (6)
1-2 3-4	Cross left over right unwind legs to right ½ to right, leave weight on left & rock right foot back & recover weight onto left foot. (12)
5&6 7-8	Right kick ball change on the spot (RLR) Walk forward Right & Left.
1-2 3&4	step right forward & pivot ¼ left on right foot (9) taking right over left into a crossing shuffle. (9)
5-6 7&8	Hinge turns ¼ on left foot stepping left back & ¼ on right foot taking left over right into a crossing shuffle (3)
1-2 3&4	Rock out on right foot recover weight to left do a behind side cross travelling to left.
5-6 7&8	Rock onto left foot recover to right foot & sailor ½ turn to left over left shoulder(9)
Start again!!	

Choreograhers note.

If the cross ½ unwind in section 2 is too hard for some you can Hinge half left on left foot then rock right back on right & recover & kick ball change

When you start last wall facing back wall (6) do 30 steps & instead of last sailor ½ 7&8 last section make it a ¾ to left finishing back at front wall with left over right.





拍数: 32 墙数: 4