

Frozen Soul

COPPERKNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Improver
编舞者: Jessica Boström (SWE) - August 2019
音乐: Finns inga ord - Darin : (Single - iTunes, Spotify)



Intro: After 8 counts. Approx 8 secs into track. Start with weight on L foot.
Restart: *There is two restarts with an easy step change during wall 3 & 6.
Tag: ** After wall 7 there is a 4 count tag.

Section 1: R Rocking Chair. R Fwd Step Lock Step . L Fwd Rock. L Coaster Step.

1&2& Rock fwd on R, recover on L, rock back on R, recover on L. (12.00)
3&4 Step fwd on R, lock L behind R, step fwd on R. (12.00)
5-6 Rock fwd on L, recover on R. (12.00)
7&8 Step back on L, step R beside Left, step fwd on L. (12.00)

Section 2: R Step Turn 1/4 Left. R Step Turn 1/4 Left. R Cross Point. L Sailor Step.

1-2 Step fwd on R, turn 1/4 Left putting weight onto L as you roll your hips in a full circle around anticlockwise. (9.00)
3-4 Step fwd on R, turn 1/4 Left putting weight onto L as you roll your hips in a full circle around anticlockwise. (6.00)
5-6 Cross R over L, point L to Left side. (6.00)
7&8 Step L behind R, step R to Right side, step L to Left side. (6.00)

*** Restart with step change here on wall 3 & 6.**

Section 3: R Sailor Step. L Touch Behind Unwind 1/2 Left. R Cross Rock. 1/4 Right Fwd Shuffle.

1&2 Step R behind L, step L to Left side, step R to Right side. (6.00)
3-4 Touch L behind R, unwind 1/2 turn Left putting weight on L. (12.00)
5-6 Cross rock R over L, recover onto L. (12.00)
7&8 Turn 1/4 Right stepping fwd on R, step L beside R, step fwd on R. (3.00)

Section 4: L Cross Samba. R Cross Samba. 1/4 Left Step Together X 2. 1/4 Left Step Drag Touch.

1&2 Cross L over R, rock R to Right side, recover on L. (3.00)
3&4 Cross R over L, rock L to Left side, recover on R. (3.00)
5&6& Turn 1/4 Left step fwd on L, step R beside L, turn 1/4 Left step fwd on L, step R beside L. (9.00)
7-8 Turn 1/4 Left big step fwd on L as you drag R towards L, touch R beside L. (6.00)

Start again!

Restart: * With step change during wall 3 & 6.

Wall 3 starts facing 12.00 and Restart facing 6.00. Wall 6 starts facing 6.00 and Restart facing 12.00.

After the two step turns, make the R cross point as normal on count 5-6 in section 2.

Add another Cross Point on count 7-8.

7-8 Cross L over R, point R to Right side.

Tag: **After wall 7 which start facing 12.00 ending facing 6.00, there is a 4 count tag.

R Jazzbox. Then start over again facing 6.00.

1-2-3-4 Cross R over L, step back on L, step R to Right side, step fwd on L.

Ending: Finish wall 9, starts facing 12.00. After the two cross sambas on 1&2 and 3&4 in the last section of the dance. You are now facing 3.00. Add this to end facing 12.00.

5-6 Cross rock L over R, recover on R. (3.00)

7&8-1 Turn 1/4 Left making a L shuffle fwd. Then step fwd on R at the last little beat of the music. (12.00)

Don't worry about Restarts with stepchange, Tag and Ending. It's easy peasy! ;-)

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