

Don't Let Me Forget

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Jef Camps (BEL) & Lee Hamilton (SCO) - August 2019
音乐: "Don't Let Me Forget" by Catherine McGrath & Hunter Hayes



Intro 16 counts (15 seconds)

Section 1: Press Fwd, Recover, Coaster Cross, Side, Together, Cross, Side, Behind, Side

1-2 RF press on ball forward, recover on LF
3&4 RF step back, LF close next to RF, RF cross over LF
&5-6 LF step side, RF step together (body into diagonal), LF cross over RF
7-8& RF big step side, LF cross behind RF, RF step side

Section 2: 1/8 Fwd, 3/8 Diamond Turn, Prissy Walks, Rock Forward/Recover

1-2& 1/8 turn R & LF step forward, RF step forward, 1/8 turn R & LF step side 3:00
3-4& 1/8 turn R & RF step back, LF step back, 1/8 turn R & RF step side 6:00
5-6 LF step forward (slightly across R), RF step forward (slightly across L)
7-8 LF rock forward, recover on RF

Section 3: Full Turn Back, Sweep, 1/8 Sailor Step, Run Forward, 1/4 Side Lunge, Hitch 1/2 turn, 1/8 Point, Cross, Side

&1 1/2 turn L & LF step forward, 1/2 turn L & RF step back while sweeping L back
2&3 1/8 turn L & LF cross behind RF, RF step side, LF step slightly forward 6:00
4&5 RF run forward, LF run forward, 1/4 turn L & RF step side (lean body R) 4:30
6-7 Recover on LF & hitch R while making 1/2 turn L on LF, 1/8 turn L & RF point side 1:30
8& RF cross over LF, LF step side 6:00

Section 4: Together, Weave, 1/4 Forward, Step, 1/2 Pivot, Step Forward, Full Turn, Sweep

1-2&3 RF close next to LF, LF cross over RF, RF step side, LF cross behind RF
4&5 1/4 turn R & RF step forward, LF step forward, make 1/2 turn R putting weight on RF 3:00
6-7 LF step forward, 1/2 turn L & RF step back
8& 1/2 turn L & LF step forward, sweep RF forward 3:00

EXTRA'S

Restart: In wall 2 (starting to 3:00) dance up to count 8 (1st section) and add following steps before you start the next wall 3:00

&1-2 1/4 turn R & RF step forward, LF step forward, make 1/2 turn R putting weight on RF
3-4& LF step forward, RF step forward, make 1/2 turn L putting weight on LF & start again to 6:00

Restart : In wall 4 (starting to 9:00) dance up to count 12& (counts 4& in 2nd section) and add following steps before you start the next wall 3:00

1-2 LF step forward, make 1/2 turn R putting weight on RF
3-4& 1/4 turn R & LF big step side, RF rock back, recover on LF & start again to 12:00

Tag : After wall 7 add a 4 count tag before starting over

1-2 RF rock forward, recover on LF
3-4 RF rock back (& open body to R), recover on LF & sweep RF forward