

I Was Here

拍数: 48 墙数: 2 级数: Intermediate waltz
编舞者: Lu Olsen (AUS) - July 2019
音乐: I Was Here (Glee Cast Version) - Glee Cast : (Album: The Graduation Album)
或: I Was Here - Beyoncé : (Album: 4 Expanded Edition)



Start on vocals

1,2,3, Step R fwd, ¼ Right turn sweeping L toe out to left, hold, 3.00
4,5,6 Sweep/step L over R, ¼ Left turn & step R back, ¼ Left turn & step L fwd, 9.00

1, 2,3 Rock R fwd, Step L in place, ½ Right turn & step R fwd, 3.00
4,5,6 ## ¼ Right turn & step L back, ½ Right turn & step R fwd, Step L fwd ## 12.00

1,2,3 Cross R over L, 1/8th Right turn & step L to left, Step R back 1.00
4,5,6, Step L back, 3/8th Right turn & step R fwd, Step L to Left 6.00

1,2,3 R Sailor stepping R, L, R,
4,5,6 Step L behind R, ¼ Right turn & step R to Right, Step L to Left, 9.00

1,2,3 Step R behind L, ¼ Left turn & step L fwd, ½ Left turn & step R back 12.00
4,5,6 Step L back, Lock R over L, Step L back

1,2,3 (1)Step R back R45, (2)Drag L towards R, (3)Cross/step L over R, 12.00
4,5,6, Step R back R45, Step L tog, Step R fwd, 12.00

1,2,3 (1)Step L fwd, (2)½ Left turn /low hook R behind L, (3)Step R back, 6.00
4,5,6 ½ Left turn & step L fwd, Step R tog, Step L fwd, 12.00

1,2,3 Step R fwd, Rock L in place, ¼ Right turn & step R to Right 3.00
4,5,6 Cross L over R, ¼ Left turn & step R back, ½ Left turn & step L fwd. 6.00

Wall 3 (12.00) Dance first 12 counts ## restart Wall 4 to 12.00

Last wall - dance first 12 counts - finishes to the front (12.00)

Thank you to Marie for suggesting this lovely song.

This dance is dedicated to Carolyn and to those close to us, who are no longer here.

Lu Olsen: 03 9735 1219 (h), Mob: 0438 735 122 Email: luolsen@bigpond.net.au web: borderlinedancers.com