

# Body Cha

拍数: 32      墙数: 4      级数: Beginner  
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音乐: El Bodeguero - Emmanuel



## Sec 1 : Forward rock, back shuffle, back rock, forward shuffle

1-2            Rock forward on R, recover on L  
3&4           Step back on R, step L next to R, step back on R  
5-6           Rock back on L, recover on R  
7&8           Step forward on L, step R next to L, step forward on L

## Sec 2 : Forward, pivot ½ L, forward shuffle, forward, pivot ½ R, twist shuffle

1-2            Step forward on R, pivot ½ left (6:00)  
3&4           Step forward on R, step L next to R, step forward on R  
5-6           Step forward on L, pivot ½ right (12:00)  
7&8           Step forward on L, step R next to L, step forward on L

## Sec 3 : Side rock, behind side cross (R, L)

1-2            Rock side R to right side, recover on L  
3&4           Step R behind L, step L to left side, cross R over L  
5-6           Rock side L to left side, recover on R  
7&8           Step L behind R, step R to right side, cross L over R

## Sec 4 : Forward, pivot ¼ left, cross shuffle, side rock, cross shuffle

1-2            Step forward on R, pivot ¼ left (9:00)  
3&4           Cross R over L, step L to left side, cross R over L  
5-6           Rock side L to left side, recover R  
7&8           Cross L over R, step R to right side, cross L over R

## Tag after W6 (6:00)

1-4            Sway R L R L

Have fun.

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