Rescue



拍数: 32 编数: 2 级数: Intermediate

编舞者: Hiroko Carlsson (AUS) - August 2019

音乐: Rescue - James Bay: (iTunes)



(Intro: 32 counts)

S11 Fwd Rock	. Ball-Fwd. Fwo	l. Fwd w/ Sweep '	1/2R, Behind-Side-Cross.	. Point

1 2& Rock/step forward on R, Recover weight on L, Step R beside L

3 4 Walk forward LR

5 Step forward on L and Making a ½ turn right w/ sweeping R around

6&7 Step R behind L, Step L to the side, Cross R over L

8 Point L to left weight on R (6:00)

[S2] Touch In-Out, Cross-Hinge Turn 1/2L, Rock Behind, 1/4L, 1/4L Side

1 2 Touch L next to R, Point L to left

3&4 Cross L over R, Make a ¼ turn left stepping back on R, Make a ¼ turn left stepping L to the

side (12:00)

5 6 Rock/step R behind L, Recover weight on L

7 8 Make a ¼ turn left stepping back on R, Make a ¼ turn left stepping L to the side ***(6:00)

[S3] Step-Swing Fwd-Back, Hitch-Behind-1/4L, 1/2L w/ Sweep, Coaster Step-Ball

1 2 3 Step forward on R, Swing L around R and touch L forward, Swing back L around R and step

back on L

84& Hitch R, Step R behind L, Make a ¼ turn left stepping forward on L
56 Step forward on R and making a ½ turn left, Sweeping L around R (3:00)
7&8& Step back on L, Step R next to L, Step forward on R

[S4] Step-Paddle, Cross-Side-Behind, R Lunge, Recover Hitch 1/2L, Sway-Sway

1 2 Step forward on L, Make a ¼ turn right recover weight on R

3&4 Cross L over R, Step R to the side, Step L behind R

5 6 Lunge R to right, Recover weight on L and make a ½ turn left hitch right foot**

7 8 Sway/step R to the side, Sway left (6:00)

Restart: On Wall 1 count 30** (6:00)

Tag: End of Wall 2 (12:00) Fwd Rock-&-Back Rock-&

1 2& Rock/step forward on R, Recover weight on L, Step R beside L 3 4& Rock/step back on L, Recover weight on R, Step L beside R

Restart & Tag: On Wall 5 count 16*** (6:00) + Fwd Rock-&-Back Rock-&

Ending: After sway-sway (6:00), Make a ½ turn right to the front.

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)

(updated: 23/Aug/19)

Last Update - 5 Sept. 2019