

First Express

COPPER KNOB
BYEPOSTS

拍数: 32 墙数: 2 级数: High Beginner
编舞者: Hyun Hee (KOR) - August 2019
音乐: First Express (첫차) (feat. Bang Shilyi [방실이]) - Super Junior-T (슈퍼주니어-T)



RESTART: After 16 counts on wall 3 and wall 8

S1 WALK R-L, FORWARD SHUFFLE, STEP, PIVOT 1/2R, FORWARD SHUFFLE

1 - 2 Walk RF forward, Walk LF forward
3 & 4 Step RF forward, Step LF together, Step RF forward
5 - 6 Step LF forward, 1/2R taking weight RF
7 & 8 Step LF forward, Step RF together, Step LF forward

S2 CHARLESTON STEP X2

1 - 4 Step RF forward, Touch LF forward, Step LF back, Touch RF backward
5 - 8 Repeat 1-4

S3 WALK R-L, CROSS SAMBA, JAZZ BOX 1/4L, TOUCH

1 - 2 Walk RF forward, Walk LF forward
3 & 4 Cross RF over LF, Side rock on LF out to L side, Recover on to RF
5 - 8 Cross LF over RF, 1/4turn L stepping RF back, Step LF to L side, Touch RF beside LF

S4 FORWARD SHUFFLE, STEP, PIVOT 1/4R, CROSS SHUFFLE, KICKBALL CHANGE

1 & 2 Step RF forward, Step LF together, Step RF forward
3 - 4 Step LF forward, 1/4R taking weight RF
5 & 6 Cross LF over RF, Step RF to R side, Cross LF over RF
7 & 8 Kick RF forward, Step down on ball of RF, Step LF in place

Happy Dancing!!

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