

Messing Around

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Lynne Martino (USA) - August 2019
音乐: Mess with My Head - Miranda Lambert : (Amazon mp3)



Start after 32 cts on lyrics

[1-8] HEEL GRIND, COASTER, ROCKING CHAIR

1,2&3,4 Grind R heel center to right (1,2), step R back (&), step L forward (3) step R forward (4)
5-8 Rock L forward (5), recover on R (6), rock L back (7), recover on R (8)

[9-16] ¼ WEAVE, ½ TURN

1-8 Step L forward (1), turning ¼ right step R to right side (2), cross L over R (3), step R to right -
3:00. Side (4), step L behind R (5), making ¼ right, step R forward (6), step forward on L (7)
6:00 - Pivot ¼ turn right, shifting weight onto R - 9:00

[17-24] CROSS HOLD ROCK, CROSS ¼ ROCK

1-4 Cross L over R (1), HOLD (2), rock R to right side (3), recover on L (4)**RESTART Wall 6
5-8 Cross R over L (5), stepping L ¼ back right (6), rock R back (7), recover on L (8) 12:00
(Styling suggestion: snap fingers on the HOLD on count 2)

[25-32] TOUCH FORWARD & SIDE 2X, JAZZ BOX 1/4

1-4 Touch R forward (1), touch R to right side (2), REPEAT (3,4)
5-8 Cross R over L (5), step L back (6), making ¼ turn right step R forward (7), Step L next to R
(8) 3:00

RESTART: On Wall 6 (3:00) , restart dance after count 20(3rd section of 8, after first four cts)
End of Dance: Dance up to count 4 of the second 8 and put hands out to sides palms facing forward.

Choreographer Information: Lynne Martino, wiska51@aol.com, martinolynne@gmail.com,
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