

# Footsteps

**COPPER** KNOB  
BY STEPHEN HETS

拍数: 64      墙数: 2      级数: Phrased Improver  
编舞者: Pam Boulton (UK) - July 2019  
音乐: Footsteps - Olly Murs



Intro: 16 Counts

Sectional Dance – AAB CC AA AAB CC AA AA CC CC AAC

**Part A (16 Count)**

**[1-8] ROCK RIGHT, BEHIND SIDE CROSS, ROCK LEFT, SAILOR ¼ TURN**

1 - 2      Rock out on Right, Recover back on Left  
3 & 4      Right behind Left, Left to Left side, Right cross over Left  
5 - 6      Rock Left on Left, Recover back on Right  
7 & 8      Left behind Right, ¼ Left Stepping back on Right, Step Left in front

**[9-16] HEEL GRIND R ¼ R, COASTER STEP, ROCK FORWARD LEFT, LEFT ½ SHUFFLE**

1 - 2      Right heel grind, ¼ turn Right  
3 & 4      Step back on Right, Step Left beside Right, Step forward on Right  
5 - 6      Rock forward on Left, Recover back on Right  
7 & 8      Turn 1/2 Left shuffle (Left,Right,Left)

**Part B (32 Count)**

**[1-8] STEP OUT RIGHT SLIDE LEFT, COASTER STEP, RIGHT STEP**

1      Step Right to Right side  
2 - 4      Slide Left to Right  
5 - 7      Step back on Left, Step Right beside Left, Step forward on Left  
8      Step forward on Right

**[9-16] STEP OUT LEFT SLIDE RIGHT, COASTER STEP, LEFT STEP**

1      Step Left to Left Side  
2 - 4      Slide Right to Left  
5 - 7      Step back on Right, Step Left beside Right, Step forward on Right  
8      Step forward on Left

**[17-24] CROSS RIGHT AND UNWIND**

1      Cross Right over Left  
2 - 7      Full turn unwind anti clockwise  
8      Touch Right to Right side

**[25-32] FULL TURN WALK CLOCKWISE, RIGHT JAZZ BOX**

1 - 4      Walk clockwise full turn Right, Left, Right, Left  
5 - 8      Cross Right over Left, Step back on Left, Step Right to Right side, Step forward Left

**Part C (16 Count) (Dance whenever you hear the words “Im Taking Footsteps over”)**

**[1-8] WALK FORWARD RIGHT, LEFT, RIGHT, LEFT, RIGHT SAILOR BACK, LEFT SAILOR BACK**

1 - 4      Walk Right, Left, Right, Left  
5 & 6      Right behind Left, Left to Left side, Right to Right side  
7 & 8      Left behind Right, Right to Right side, Left to Left side

**[9-16] RIGHT SAILOR BACK, LEFT SAILOR ¼ TURN, RIGHT KICK BALL CHANGE, HEEL SWITCHES RIGHT AND LEFT**

1 & 2      Right behind Left, Left to Left side, Right to Right side  
3 & 4      Left behind Right, Right to Right side ¼ turn Left, Left to Left side

5 & 6            Right Kick , Step Right , Step Left  
7 & 8            Heel switches Right and Left heel

**The Last Part C Dance 6 Counts then Point Left foot behind Right to End Dance**

**Submitted by - Alex Wise: [alexwise999@hotmail.com](mailto:alexwise999@hotmail.com)**

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