

Getting Started

拍数: 64 墙数: 2 级数: Improver / Intermediate
编舞者: Sherry Kemp (USA) - August 2019
音乐: Getting Started (Hobbs & Shaw) (feat. JID) - Aloe Blacc : (iTunes & Amazon)



SUMMARY

*2 count tag walks x 2: Rf then Lf step forward before Rf stomp starts, both facing 6 o'clock. First stomp begins at 12 o'clock, 2nd and 3rd stomp both begin at 6 o'clock.

*2 count tag: Lf step to L side while R fist is placed on left chest and extended with open hand while both feet quickly twist 1/4 to the right from 12 o'clock wall to 3 o'clock with R heel up.

*After 4th set of rocking steps and Rf 1/4 pivot L, feet step together before rhumba box.

*Bent arms with closed hands should motion forward and back alternating opposite rocking step movements and arms drop to side during pivot between rocking step sequence.

Jazzy styling emphasized in rocking step sequence and ending stomps with heel drops.

*Prepare to begin dance facing 6 o'clock wall: R 1/2 turn at start of music to 12 o'clock to start the first count step on 9th count of music.

*2 count tag walks after each turning jazz box and before 2nd and 3rd stomp start.

*2 count tag between 3rd and 4th rocking step sequence.

Ending: 12 count

[1-8] Stomp, heel drops, side mambo with heel drop

- 1&2 - Rf-stomp, L heel drop, R heel drop
- 3&4 - Lf-step out to side, R heel drop, Lf step back forward to Rf
- 5&6- Lf stomp, R heel drop, L heel drop
- 7&8- Rf- step out to R side, L heel drop, Rf step back forward to Lf.

[9-16] Lock step forward, jazz box, L sailor, R sailor 1/4 turn right

- 1&2- Lf step forward, Rf step behind Lf, Lf step forward.
- 3&4- Rf cross Lf, Lf step push back, Rf step back
- 5&6- Lf circle behind Rf, Rf step to R side, Lf step alongside R.
- 7&8- Rf turn R behind Lf, Lf step to left side, Rf step alongside Lf.

[17-24] Rocking steps, pivot 1/2 turn

- 1&2&3&4- Lf bent knee step forward, R heel drop, Lf step back, R heel drop, Lf step forward, and Rf bent knee step forward
- 5&6- Rf step back, L heel drop, Rf step forward
- 7&8- Lf- step forward, R 1/2 pivot R heel drop, and Lf step forward

[24-32] Rocking steps, pivot 1/4 turn

- 1&2&3&4- Rf bent knee step forward, L heel drop, Rf step back, L heel drop, Rf step forward, and Lf bent knee step forward
- 5&6- Lf step back, R heel drop, Lf step forward
- 7&8- Rf- step forward, L 1/4 pivot L heel drop, *and Rf crosses Lf.- (1st set)

*(3rd set end Lf over R, 4th set end step together after 4th rocking step sequence .)

[33-40] Scissors, 1/2 L turn, Scissors, Weave:

**(This 8 count is done once only in first section after first set of forward and back steps after 32 count)

- 1&2- Lf step to side, Rf step alongside Lf, Lf cross over Rf.
- 3&4- Rf, then Lf 1/2 turn left, and Rf cross over Lf.
- 5&6&7&8- Lf step left side, Rf step alongside Lf, Lf cross Rf, Rf step to R, Lf step behind, Rf step R, Lf cross Rf.

[41-48] Rhumba forward box (R,R,L,L):

1-8- Rf step to R side, Lf step to Rf, Rf step forward, Lf touch alongside right, Lf step to L, Rf step alongside Lf, Lf step forward, Rf touch alongside Lf,

[49-56] Rhumba back box (R,R), full L 4 count turn:

1-8- Rf step to R, Lf step alongside Rf, Rf step back, Lf touch back alongside Rf, Lf, and Rf full left turn, Lf step L, Rf step alongside L.

[57-64] Coaster back step, R pivot, jazz box, jazz box 1/4 turn R:

1&2, Rf step back, Lf step back alongside Rf, Rf step cross over left Pivot R:

3&4,- Lf step L, Rf turn step R, Lf step forward. Jazz box, turning jazz box:

5&6&7&8&- Rf cross Lf, Lf step back, Rf step to R side, Lf step alongside Rf,

Rf turning R cross Lf, Lf turn R stepping forward, Rf step R, Lf step alongside Rf.

***Tag: 2 count walk: Rf step forward, Lf step forward**

Repeat Steps 1-32, 2 count bridge,

Repeat Steps 17-32 & 41-64

***Tag: 2 count walk repeat**

Repeat 1-32 & 41-64

End:12 count steps

****Ending with rocking body motion:**

Stomp, heel drops, stomp, heel drops, 1/2 pivot, stomp, heel drops.

1&2- Rf stomp forward, heel drop L,R

3&4- Lf stomp forward, heel drop R,L

5&6&- Rf step 1/2 pivot L heel drop (from 6-12 o'clock)

7&8- Rf stomp, heel drop L,R

Heel shifts, 1/4 R twist, bent arms hand clasp

&1,2,3,&4- Lf to L side, R heel to left instep, L heel to R instep, twist R (facing 9 o'clock wall) with R heel up, bend arms chest height and hands clasp together loudly.

Thank you to my dancer Pam, and to Betty, Don, Cindy, Bill, and Rick for your assistance with this first demo line dance recording, and for the inspiration from all the dancers at The Villages and beyond. Gratitude to Copperknob for the accessibility and availability.

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