

# Don't Overthink

拍数: 32                      墙数: 4                      级数: Low Intermediate WCS  
编舞者: Delphine Zammit (FR) - December 2018  
音乐: Overthink - Tyler Shaw



Intro : 16 counts

**[1 – 8] STEP FORWARD x 2, MODIFIED SYNCOPATED SPLIT, 1/4 TURN, 1/4 TURN, SAILOR 1/2 TURN**

1-2 -                      RF step forward, LF step forward  
&3&4 -                      RF step to right side, LF step to left side, RF next to LF, LF cross over RF  
5-6 -                      1/4 turn right stepping RF forward, 1/4 turn right stepping LF to left side (6.00)  
7&8 -                      Sailor step 1/2 turn : RF cross behind LF, 1/2 turn right stepping LF to left side, RF cross over LF (12.00)

**[9 – 16] SIDE ROCK STEP, BEHIND SIDE CROSS, SIDE WITH HIP ROLLS x 2**

1-2 -                      LF rock to left side, recover on RF  
3&4 -                      LF cross behind RF, RF step to right side, LF cross over RF  
5-6 -                      RF step to right side, turning hips anti CW, ending weight on RF with a bump to right  
7-8 -                      Recover on LF turning hips CW, ending with a bump to the left(6.00)

**\*Restart on wall 6**

**[17–24] 1/4 TURN, SWEEP 1/4 TURN, CROSS SIDE POINT, BACK WITH BODY ROLL, POINT, SAILOR 1/4 TURN**

1-2 -                      1/4 turn right stepping RF forward, 1/4 turn right sweeping LF from back to front (6.00)  
3&4 -                      LF cross over RF, RF step to right side, LF point diagonally left forward  
5-6 -                      LF point back making a bodyroll backward (weight ends on LF), RF point to right side

**\* Restart on wall 5 (6.00)**

7&8 -                      Sailor step 1/4 turn : 1/4 turn right stepping RF back, LF side left side, RF side to right side (9.00)

**[25–32] STEP 1/4 TURN, CROSS SHUFFLE, POINT WITH BUMP 1/4 TURN, 1/2 TURN POINT WITH BUMP**

1-2 -                      LF step forward, 1/4 turn right (RF takes weight) (12.00)  
3&4 -                      LF cross over RF, RF step to right side, LF cross over RF  
5-6 -                      Point RF to right side with right hip bump, 1/4 turn left stepping RF back (9.00)  
7-8 -                      1/2 turn left with left bump, LF step forward (3.00)

**TAG 1 : 8 counts, at the end on the first wall : (3.00)**

**[1-8] STEP x2, MAMBO STEP, STEP BACK x2, ANCHOR STEP**

1-2 -                      RF step forward, LF step forward  
3&4 -                      RF rock step forward, recover on LF, RF step back  
5-6 -                      LF step back, RF step back  
7&8 -                      Anchor Step : LF cross behind RF (In 3rd position), RF step in place, LF step in place

**TAG 2 :10 counts, on wall 3, after 16 counts (9.00) = TAG 1 + ROCK STEP with BODY ROLL**

9-10 -                      RF rock step forward starting a body roll, recover on LF ending body roll

**RESTART 1 : On wall 5, after 22 counts (6.00), restart the dance from the beginning**

**RESTART 2 : On wall 6, after 16 counts (6.00), restart the dance from the beginning**