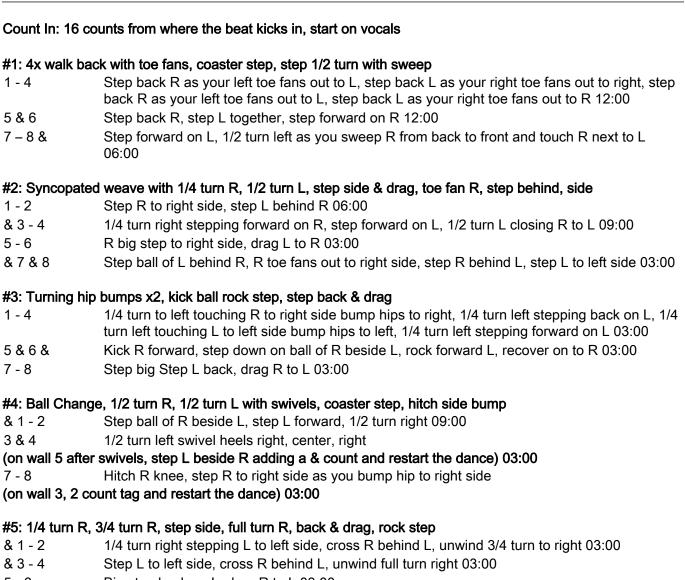
My Rules

级数: Intermediate

编舞者: Sabine Stalder & Alice Berini (CH) - August 2019

音乐: The House Rules - Christian Kane : (iTunes)



- 5 6 Big step back on L, drag R to L 03:00
- 7 8 Rock back on to R, recover on to L

(restart the dance here on wall 2 & 6) 03:00

#6: Full turn, platform spin, rock step

- 1 2 1/2 turn left step back on R, 1/2 turn left step forward on L 03:00
- 3 Platform spin left close R to L, weight stays on L 03:00
- 4 & Rock R forward, recover to L 03:00

Tag: On wall 3 you have a 2 count tag:

Dance up to count 32 and add a hip roll anti clock wise for 2 counts, Weight ends on left foot, restart the dance.

Contact: www.break-ranks.ch - step-out@break-ranks.ch





拍数: 44

墙数:4