

Hot Stuff

COPPER KNOB
BYEPOSTETS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Sabine Stalder & Alice Berini (CH) - August 2019
音乐: Hot Stuff - Donna Summer : (iTunes)



Count In: 32 counts from where the beat kicks in

S1: Grapevine right with touch, Turning vine with touch

- 1 - 2 Step R to right side, step L behind R 12:00
3 & 4 Step R to right side, clap hands twice on counts & 4, touch L next to R 12:00
5 - 6 ¼ turn to the left while stepping forward on L, step back on R with ½ turn to the left 03:00
7 - 8 Step L to left side with ¼ turn to the left, touch R next to L

Roll your arms clockwise in front of your body while making the full turn 12:00

S2: 4x toe struts while swimming with your arms

- 1 - 2 Touch R forward, step down on R

Crawl from your L arm forward 12:00

- 3 - 4 Touch L forward, step down on L

Crawl from your R arm forward 12:00

- 5 - 6 Touch R forward, step down on R

Crawl from your L arm forward 12:00

- 7 - 8 Touch L forward, step down on L

Crawl from your R arm forward 12:00

S3: Step ½ Turn, Step, 3x Point, Side Step, Touch

- 1 - 2 Step forward on R, ½ turn left ending on L 06:00
3 - 4 Step forward on R, point L across R and point the finger of your right hand to the sky 06:00
5 - 6 Point L to left side and point the finger of your right hand down to the floor, point L across R
and point the finger of your right hand to the sky 06:00
7 - 8 Step L to left side, touch R next to L 06:00

S4: Heel Switches, Step, Twist, Side, Touch, Side, Touch

- 1 & 2 & Tap R heel forward, step R next to L, tap L heel forward, step L next to R 06:00
3 & 4 Step forward on R, twist both heels to the right, bring heels back to center 06:00
5 - 6 Step R to right side, touch L next to R 06:00
7 - 8 Step L to left side, touch R next to L 06:00

Contact: www.break-ranks.ch - step-out@break-ranks.ch