

# Bad Habit

拍数: 32      墙数: 4      级数: Easy Intermediate  
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音乐: Bad Habit - Sarah Darling : (Album: Angels & Devils - iTunes)



## Intro (16 count) restart and tag

### R BASIC NC, SIDE BEHIND SIDE CROSS, SIDE ROCK CROSS, TURN, TURN CROSS

1-2&      Step R to R side, rock L behind R, recover on R  
3-4&5      Step L to L side, cross R behind L, step L to L side, cross R over L  
6&7      Rock L to L side, recover on R, cross L over R  
&8&      ¼ turn L step back on R, ¼ turn L step L to side, cross R over L

### L BASIC NC, SIDE BEHIND SIDE CROSS, SIDE ROCK CROSS AND CROSS

1-2&      Step L to L side, rock R behind L, recover on L  
3-4&5      Step R to R side, cross L behind R, step R to R side, cross L over R  
6&7&8      Rock R to R side, recover on L, cross R over L, step L to L side, cross R over L

### SWAY X4, ¼ TURN CROSS, SIDE, L CHASSE, ROCK AND TURN

1-4      Sway L-R-L-R  
&5      Make a ¼ turn L crossing L over R, step R to R side  
6&7      Step L to L side, step R beside L, step L to L side  
8&1      Rock R over L, recover on L, \*\* turn ¼ R step R forward  
\*\* Restart wall 5

### L LOCK STEP, STEP, L BACK LOCK STEP, COASTER, ¼ TURN CROSS

2&3      Step L forward, lock R behind, step L forward  
4      Step R forward  
5&6      Step L back, lock R over L, step L back  
7&8      Step R back, step L beside R, step R forward \*\*\*  
&      Make a ¼ turn L crossing L over R \*

\* TAG wall 1 & 3

\*\*\* Ending

## DANCE AND ENJOY

### TAG \* After wall 1 & 3 (full figure of 8)

1-2&      Step R to R side, step L behind R, ¼ turn R stepping R forward  
3-4&      Step L forward, ½ turn R (weight on R), ¼ turn R stepping L to L  
5-6&      Step R behind L, ¼ turn L step L forward, step R forward  
7-8&      ½ turn L (weight on L), ¼ turn L stepping R to R side, step L beside R

### RESTART \*\* At wall 5 in section 3 after - Rock and..

8&      Rock R over L, recover, ... restart

### ENDING \*\*\* Wall 7 facing 12 o'clock - after 32 count - skip the last ¼ turn and replace

&1      Step forward L, R

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