

# Olivia Physical

COPPERKNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: High Beginner  
编舞者: S.E.A of love (KOR) - July 2019  
音乐: Physical - Olivia Newton-John



**Intro: 32 counts - NO TAGS NO RESTARTS**

**S1: Forward Rock /Recover,Together, Forward Rock/Recover, Together, Pivot 1/4 Turn L (Twice)-(6:00)**

1-2&      RF Forward Rock , LF Recover, RF Together  
3-4&.      LF Forward Rock , RF Recover, LF Together  
5-6      RF Forward, Lf Pivot 1/4turn L(9:00)  
7-8      RF Forward, Lf Pivot 1/4turn L(6:00)

**S2: Cross Rock , Recover, Side,Cross,Side,Behind,Side,Cross,Side,Touch**

1-2&-3-4      RF Cross Rock over L, LF Recover, RF Side, LF Cross, RF Side  
5&6      step L behind R, Step R to right side, step L across R  
7-8      Step R to right side, touch L next to R

**S3: Forward Step 1/4Turn L, Point, Step 1/4Turn R, Point, Jazzbox Cross**

1-2      LF forward 1/4 turn L step(3:00), RF Point  
3-4      RF 1/4 turn R Next To LF step (6:00), LF Point  
5-6-7-8      Cross LF over RF, step back on RF, LF to side. Cross RF over LF.

**S4: Vine 1/4 L, Chase 1/2 L, Forward Shuffle**

1-2-3      LF to Side , Step R beside L, 1/4 turn L step L fwd (3:00)  
4-5-6      RF Forward , LF Pivot 1/2 turn L(9:00), RF Forward step  
7&8      LF Forward, RF beside LF, LF Forward

**Enjoy Dancing Always!**

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**Last Update - 15 Aug. 2019**

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