

Die A Dreamer

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Adam Åstmar (SWE) - July 2019
音乐: Dreamer - Home Free



Intro: 16 counts.

Sect – 1: Walk Forward R+L. Out, Out, Ball-Cross. Side. Touch 1 / 2 Unwind. Hitch. Run Forward R+L+R.

- 1 – 2 & (1) Step forward on RF (2) Step forward on LF. (&) Step to the right on RF.
3 & 4 & (3) Step to the left on LF. (&) Close RF next to RF. (4) Cross LF over RF. (&) Step to the right on RF.
5 – 6 (5) Touch LF behind RF. (6) Unwind 1 / 2 to the left, stepping down on LF. {6:00}
7 & 8 & (7) Rise on toes on LF and hitch R knee. (& 8 &) Run forward on RF, LF, RF.

Sect – 2: Rock Forward. Recover & Sweep. Back & Sweep. Sailor 1 / 4 Step. 1 / 2. 1 / 2 & Sweep. Behind-Side.

- 1 – 2 (1) Rock forward on LF. (2) Recover on RF, sweeping LF from front to back.
3 – 4 & (3) Step back on LF, sweeping RF from front to back. (4) Step RF behind LF. (&) Turn 1 / 4 to the right, stepping slightly to the left on LF. {9:00}
5 – 6 (5) Step forward on RF. (6) Turn 1 / 2 to the left placing weight on LF. {3:00}
7 – 8 & (7) Turn 1 / 2 to the left, stepping back on RF and sweep LF from front to back. (8) Step LF behind RF. (&) Step to the right on RF. {9:00}

Sect – 3: Cross Rock. Side. Lock-Step. Step 1 / 2 Turn. 3 / 8 & Sweep. Behind-Side-Cross.

- 1 – 2 (1) Cross rock LF over RF. (2) Recover on RF.
3 & 4 & (3) Step to the left on LF. (&) Turn 1 / 8 to the left, stepping forward on RF. (4) Lock LF behind RF. (&) Step forward on RF. {7:30}

Note! - Tag occurs here on wall 6 after count 3! -

- 5 – 6 a (5) Step forward on LF. (6) Turn 1 / 2 to the right placing weight on RF. (a) Turn 3 / 8 to the right, stepping back on LF and start sweeping RF from front to back. {6:00}
7 & 8 & (7) finish sweeping RF. (&) Step RF behind LF. (8) Step to the left on LF. (&) Cross RF over LF.

Sect – 4: Sway L+R. Rumba Box Left & Forward. Touch. Press Forward. Recover & Sweep. Sailor 1 / 4 Step. Ball.

- 1 – 2 (1) Step to the left on LF and sway body to the left. (2) Sway body to the right.
3 & 4 & (3) Step to the left on LF. (&) Close RF next to LF. (4) Step forward on LF. (&) Touch RF next to LF.
5 – 6 (5) Press forward on RF. (6) Recover on LF, sweeping RF from front to back.
7 & 8 & (7) Step RF behind LF. (&) Turn 1 / 4 to the right, stepping slightly to the left on LF. (8) Step forward on RF. (&) Ball step LF next to RF. {9:00}

Tag: When you've stepped to the left on LF, you face the back wall and drag RF slowly towards LF on 2 counts, ending the tag with a touch.

Restart the dance on the word "dreamer".

Have fun!