

Flying On My Own

COPPER **KNOB**
BY STEPHEN

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Anne Herd (AUS) - August 2019
音乐: Flying on My Own - Céline Dion : (CD: Single - iTunes - 3:32)



Intro: Start approx. 16 beats in on the word 'something' weight on L

WALK FWD. CROSS SAMBA, ROCK FWD. COASTER

1-2-3&4 Walk fwd. R L, Cross R over L, Step L to side, Step R to side
5-6-7&8 Rock fwd. on L, Recover to R, Step back on L, Step R beside L, Step fwd. on L

ROCK FWD. 1/2 SHUFFLE, 1/4, R, 1/4 R, CROSS SHUFFLE

1-2-3&4 Rock fwd. on R, Recover to L, Turn 1/2 over R and shuffle fwd. RLR
5-6-7&8 Turn 1/4 R stepping L to side, Turn further 1/4 R stepping R to side, Cross shuffle L over R stepping LRL

SIDE ROCK, CROSS SHUFFLE, SIDE ROCK 1/4 SAILOR

1-2-3&4 Rock R to side, Recover to L, Cross shuffle R over L stepping RLR
5-6-7&8 Rock L to side, Recover to R, Cross L behind R turning 1/4 L, Step L to side, Step R to side

KICKBALL STEP, 1/4 PADDLE TURN, KICKBALL STEP 1/4 PADDLE TURN

1&2-3-4 Kick R fwd. Step R beside L, Step fwd. on L, Step fwd. on R, Make paddle turn L
5&6-7-8 Kick R fwd. Step R beside L, Step fwd. on L, Step fwd. on R, Make paddle turn L

STEP, SLOW DRAG, ROCK BACK, STEP, SLOW DRAG, ROCK BACK

1-2-3-4 Step R to side, Slowly drag L towards R, Rock back on L, and Recover to R
5-6-7-8 Step L to side, Slowly drag R towards L, Rock back on R, and Recover to L

SIDE ROCK, BALL CROSS, STEP, BEHIND SIDE CROSS, PIVOT 1/4

1-2&3-4 Rock R to side, Recover to L, Step R beside L, Cross L over R, Step R to side
5&6-7-8 Cross L behind R, Step R to side, Cross L over R, Rock R to side, Step fwd. on R, Pivot 1/4 L

Restart here – Wall 3

STEP, SLOW DRAG, ROCK BACK, STEP, SLOW DRAG, ROCK BACK

1-2-3-4 Step R to side, Slowly drag L towards R, Rock back on L, and Recover to R
5-6-7-8 Step L to side, Slowly drag R towards L, Rock back on R, and Recover to L

ROCK FWD. STEP, HEEL, HOLD & TOUCH & HEEL & PIVOT 1/2

1-2&3-4 Rock fwd. on R, Recover to L, and Step back on R as you touch L heel fwd. Hold
&5&6&7-8 Step L beside R, Touch R beside L, Step back on R, Touch L heel fwd. Step L beside R, Step fwd. on R and pivot 1/2 L

RESTART: On wall 3 dance to count 48 and restart at 12:00

ENDING: Dance to count 28

CHOREOGRAPHERS NOTE: On walls 2, 4. & 6 the music gets a bit funky. At sections 5 and 7 feel free to funk it up a bit by doing the following

RIGHT AND LEFT HIP BUMPS, ROCK BACK

1& 2-3-4 Step R to side as you bump hips RLR, Rock back on L recover to R
5&6-7-8 Step L to side as you bump hips LRL, Rock back on R recover to L

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