

Ice Cold

拍数: 40 墙数: 2 级数: Improver
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音乐: Cold Hearted - Zac Brown Band



Section 1: STEP BRUSH, STEP BRUSH, ROCK, COASTER STEP STEP BRUSH STEP BRUSH

1&2& Step forward on right foot, Brush left foot forward, Step forward on left foot, Brush right foot forward
3,4 Rock forward on right foot, Recover weight on left foot
5&6 Step back on right, step left next to right, Step forward on right
7&8& Step forward on left, Brush right foot forward, Step forward on right, Brush left foot forward

Section 2: ROCK, COASTER STEP, RIGHT K STEP

1,2 Rock forward on left foot, Recover weight on right foot
3&4 Step back on left foot, Step right next to left, Step forward on left
&5&6& Step right foot forward to right diagonal, Touch left together, Step back at left diagonal, Step right foot back on right diagonal
7&8& Step right foot back on right diagonal, touch left to right, Step forward left diagonal, Touch right to left

Section 3: STEP ½ TURN STEP ½ TURN WEAVE TO RIGHT, SIDE HOLD ROCK BACK

1,2 Step forward on right, pivot ½ turn left
3,4 Step forward on right, pivot ½ turn left
5&6&7,8& Step right to right side, step left behind right, Step right to right side, Step left over right, step right to right side, rock back on left recover on right

Section 4: WEAVE TO LEFT, SIDE HOLD ROCK BACK, ROCKING CHAIR,

1&2&3,4& Step left to left side, Step right behind left, Step left to left side, Step right over left, Step left to left side, Rock back on right, Recover weight on left

Restart on wall 7

5,6,7,8 Rock forward on right, Recover on left, Rock back on right, Recover weight on left

Section 5: STEP HOOK SHUFFLE STEP, WALK OR FULL TURN, FORWARD SHUFFLE

1,2,3&4& Step forward on right making ½ turn left hook left over right step forward left, step right next to left step forward on left, Step right next to left
5,6,7&8& Turn full turn left stepping forward on left, step back on right continuing turn, step forward on left close right to left, step forward on right

Restart on wall 7 after count 34 &

Happy dancing

Last Update - 11 Aug. 2019