

Dancing On the Ceiling

COPPER KNOB
STEPSHETS

拍数: 32 墙数: 4 级数: Advanced
编舞者: Ronnie Russell (USA) - August 2019
音乐: Dancing on the Ceiling - Nick Wells



Walk, Walk, Shuffle Step, Rock, Triple $\frac{3}{4}$ Turn

1 – 2 Walk forward on R, L
3 & 4 Shuffle forward on R, L, R
5 – 6 Rock forward on L, Recover on R
7 & 8 Make a $\frac{3}{4}$ turn over L shoulder, on L, R, L. Weight on L.

Full Turn, Side Shuffle Step, Rock, Coaster Step

1 – 2 Make a $\frac{1}{4}$ turn over L shoulder by stepping R to R side, make a $\frac{1}{2}$ turn over L shoulder by stepping back on L (weight on L)
3 & 4 Complete turn by stepping R to R side making a $\frac{1}{4}$ turn side shuffle on R, L, R.
5 – 6 Rock forward on L, recover on R
7 & 8 Step back on L, place R beside L, step L slightly forward, weight on L.

Heel & Heel, Step $\frac{1}{4}$ Turn, Sailor Step, $\frac{1}{4}$ Sailor Step

1 & 2 Place R heel forward, place R beside L, Place L heel forward. Weight on R.
&3-4 Step L beside R, Step R forward, make a $\frac{1}{4}$ turn over L shoulder, weight on L foot.
5&6 Step R behind L, Step L to L side, Step R to R side, weight on R.
7&8 Cross L behind R, making a $\frac{1}{4}$ turn over L shoulder, Step R slightly to R side, Step L slightly to L side. Weight on L foot.

Step Pivot, Shuffle Forward, $\frac{1}{4}$ Turn, $\frac{1}{4}$ Turn, Shuffle Forward

1 – 2 Step forward on R, make a $\frac{1}{2}$ turn over L shoulder. Weight on L.
3&4 Shuffle forward on R, L, R.
5 – 6 Step L to L side, making a $\frac{1}{4}$ turn over R shoulder, weight on L. Step R to R side, making a $\frac{1}{4}$ turn over R shoulder, weight on R.
7&8 Shuffle forward on L, R, L. Weight on L.

End of Dance!
