

Shallow End

拍数: 32 墙数: 2 级数: High Beginner
编舞者: Michael Lynn (UK) - July 2019
音乐: Shallow (feat. Parker McCollum) - Danielle Bradbery



(16 count intro, 90 bpm)

Music Available on iTunes, Amazon Music, 7Digital, Spotify etc.

RUMBA BOX, ROCK RECOVER, SHUFFLE FORWARD

1-2-3 Step right to right side, close left beside right, step forward right

4&5 Step left to left side, close right beside left, step back left

6-7 Rock back right, recover left

RESTART: During wall 3 dance up to here, count 8 touch right beside left and restart the dance again.

8&1 Step right forward, close left beside right, step forward right

OPTION: 8&1 you can replace with a shuffle 1/2 turn left (stepping right 1/4 turn left, close left beside right, 1/4 turn left as you step back right).

ROCK RECOVER, SHUFFLE BACK, 1/4 TURN RIGHT, CROSS SIDE TOGETHER

2-3 Rock forward left, recover right

4&5 Step back left, close right beside left, step back left

6 1/4 turn right stepping right to right side (03:00)

7&8 Cross left over right, step right to right side, close left beside right (angling body to left diagonal. Weight left)

OPTION: 2-3 you can replace with a left back rock recover, 4&5 you can replace with a shuffle 1/2 turn right (stepping left 1/4 turn right, close right beside left, 1/4 turn right as you step back left).

WEAVE LEFT SWEEP, BEHIND SIDE CROSS, HITCH

1-2 Cross right over left, step left to left side,

3-4 Cross right behind left, sweep left front to back

5-6 Cross left behind right, step right to right side,

7-8 Cross left over right, hitch right over left

CROSS POINT, SAMBA STEP, JAZZ BOX 1/4 TURN RIGHT

1-2 Cross right over left, point left to left side,

3&4 Cross left over right, step right to right side, step left in place,

5-6 Cross right over left, step back left,

7-8 1/4 turn right stepping right to right side, step forward left. (06:00)

RESTART

Wall 3 Facing 12 o'clock dance up to count 7, hold for count 8 and restart the dance again.

WDM 2019 – Choreography Competition Country Beginner Winner.

Last Update – 15 Aug. 2019