

Young and Old Town Road

COPPER KNOB
STEPSHEETS

拍数: 96 墙数: 1 级数: Phrased High Beginner
编舞者: Cheryl Levin (USA) - August 2019
音乐: Old Town Road (feat. Billy Ray Cyrus) (Remix) - Lil Nas X : (amazon)



Start at vocals. Sequence is: A, B, C, B, C, A, B, B, A (All sections are 32 Counts ea.) No tags, restarts.

SECTION A (32 counts)

K STEP (4 DIAGONAL STEP TOUCHES), 2 FORWARD SHUFFLES

1-4 R step to right front diagonal, L touch, L step to left back diagonal, R touch,
5-8 R step to right back diagonal, L touch, L step to left front diagonal, R touch
1-4 Shuffle forward, R, L, R, hold
5-8 Shuffle forward, L, R, L, hold

K STEP (4 DIAGONAL STEP TOUCHES), STOMP, ROND DE JAMBE

1-4 R step to right front diagonal, L touch, L step to left back diagonal, R touch,
5-8 R step to right back diagonal, L touch, L step to left front diagonal, R touch
1-4 R stomp, raise right leg slightly and sweep around in circle,
5-8 R cross in back of left, L step to side, R cross in front, hold

SECTION B (32 counts)

SIDE, BEHIND & HEEL AND CROSS, FORWARD ROCK, RECOVER, AND SWITCH TO FORWARD ROCK, RECOVER, R AND L LINDY

1-2,&3&4 R step to R, L step behind R foot, R step with L heel diagonally, forward L step, R slightly across L.
5-6 &7&8 L step forward rock, recover R and switch feet, R step forward rock, recover, R touch,
1-4 Lindy to R (shuffle to side R, L, R, step back on L, R step,
5-8 Lindy to L (shuffle to side, L, R, L, step back on R, L step

FOUR ¼ PIVOT TURNS WITH HIP SWAYS, 2 ROCKING CHAIRS

1-4 Step R L, (¼ turn using Left foot as pivot and R foot push with hip sway). Repeat 2X
5-8 Step R L, (¼ turn using Left foot as pivot and R foot push with hip sway).Repeat 2X
1-4 R rocking chair (R step forward, L step back, R step back, L step forward
5-8 Repeat rocking chair (R step forward, L step back, R step back, L step forward

SECTION C: 32 counts

SIDE ROCK, RECOVER, CROSS, HOLD

1-4 Side rock on R, recover on L, R cross over L, hold,
5-8 Side rock on L, recover on R, L cross over R, hold
1-4 Side rock on R, recover on L, R cross over L, hold,
5-8 Side rock on L, recover on R, L cross over R, hold

FOUR ½ TURN TURNING VINES

1-4 Vine R (R step, L behind, R step to side, L touch, while turning ½ around),
5-8 Vine L (L step, R behind, L step to side, R touch, while turning ½ around),
1-4 Vine R, (R step, L behind, R step to side, L touch, while turning ½ around),
5-8 Vine L (L step, R behind, L step to side, R touch, while turning ½ around)

As music fades, walk off slowly to side.

