

# Castles – AB

拍数: 32      墙数: 4      级数: Absolute Beginner  
编舞者: Lene Mainz Pedersen (DK) - July 2019  
音乐: Castles - Freya Ridings : (iTunes)



Intro: 8 Counts without music

NO TAGS & NO RESTARTS & NO ENDING □

## [1-8] STEP LOCK, STEP LOCK STEP - R & L

1 - 2            Step fw on R, Lock L behind R  
3 & 4           Step fw on R, Lock L behind R, step fw on R  
5 - 6           Step fw on L, Lock R behind L  
7&8            Step fw on L, Lock R behind L, Step fw on L

## [9-16] CROSS R, STEP BACK L, CHASSE R, CROSS L, STEP BACK R, CHASSE 1/4 L

1 - 2            Cross R in front of L, Step back on L  
3 & 4           Step R to R side, Step L beside R, Step R to R side  
5 - 6           Cross L in front of R, Step back on R  
7&8            Step L to L side, Step R beside L, Turn 1/4 L stepping L fw (9:00)

## [17-24] MAMBO R, WALK BACK L & R, COASTER, WALK FW R & L

1 & 2           Rock fw on R, Recover on L, Step small step back on R  
3 - 4           Walk back on L, Walk back on R  
5 & 6           Step back on L, Step R beside L, Step fw on L  
7 - 8           Walk fw on R, Walk fw on L

## [25-32] OUT, OUT, IN, IN, WALK AROUND 1/2 R

1 - 2           Step R out to R diagonal, Step L out to L diagonal  
3 - 4           Step R in place, Step L beside R  
5 - 8           Walk 1/2 circle around your R shoulder R, L, R, L (3:00)

Begin Again

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