

You're a Grand Old Flag

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: High Beginner
编舞者: Dolly Kingsley (USA) - August 2019
音乐: Grand Old Flag - Gary Nichols and The Ballistic Bovine Boys! : (iTunes)



#8 Count Intro

VINE R AND L WITH A TOUCH

1-4 Step R to right side (1), Step L behind R (2), Step R to right side (3), Touch L to R (4)
5-8 Step L to left side (5), Step R behind L (6), Step L to left side (7), Touch R to L (8)

ROCKING CHAIR, 1/4 PIVOT L, STEP R & L (IN MARCHING FASHION)

1-4 Rock Forward on R (1), Recover on L (2), Rock Back on R (3), Recover on L (4)
5-8 Step Forward on R (5), Left 1/4 pivot step L (6), Step /March R (7), Step/March L (8)

SIDE TOGETHER FW HOLD, SIDE TOGETHER, STEP L & R (IN MARCHING FASHION)

1-4 Step R to right side (1), Step L to right foot (2), Step R Forward (3), Hold (4)
5-8 Step L to left side (5), Step R to left foot (6), Step /March L (7), Step/March R (8)

TOE STRUT L & R, LEFT 1/4 TURNING JAZZ BOX WITH A TOUCH

1-4 Touch L Toe Forward (1), Drop L Heel (2), Touch R Toe Forward (3), Drop R Heel (4)
5-8 Cross L over R (5), Step Back on R (6), Left 1/4 turn step L to left side (7), Touch R to L (8)

ENDING

You will be facing front. Do the last 8 counts of the dance - L & R toe struts - but do not turn the jazz box. Do a Step R for count 8 and hold flag high.

To use the flags: Flag in right hand with flag at left shoulder, left hand on L hip. Wave flags high over head on first 8 counts (vines). Over to right on 1, back to the left on 3, over to right on 5, back to left on 7. Flag rests on R hip for rest of the dance.
